



# Inter-Service Club Council of the City of Fairfax

iscc-fairfaxva.org

Volume 42, Number 3

1 February 2017

### **Next Meeting:**

Wednesday, 1 March, 2017  
12:00 PM  
Red Lobster

### **ISCC Minutes 4 January 2017**

President Conklin called the meeting to order at 12:04 PM. Sixteen organizations represented by 15 individuals were present. President Conklin gave the invocation and all recited the pledge of allegiance. Councilman Michael De Marco and Frances Hollins were guests.

#### Thought for the Day

Henry Ford said "Quality means doing it right when no one is looking." I would offer that...Real charity is doing for others when no one is looking.

### **OFFICER REPORTS**

Treasurer Lauther reported a balance of 1,243.05 as of 30 November, 2016. Minutes of the 7 December meeting were approved as read. Vice President Jones and Past President Larson had nothing to report. President Conklin deferred to Business.

Councilman De Marco spoke about his goals for the City, recognizing its diverse population and supporting diversity while encouraging commercial development and economic growth. Encouraging diverse housing, including that for seniors and low income residents, is another priority.

### **OLD BUSINESS**

President Conklin asked everyone to review the signup sheets for subcommittees filled out at the December meeting and select committee chairs.

### **NEW BUSINESS**

Volunteer of the Year event will be the first Wednesday in August at the Sherwood Center. Larry Larson will again chair the event.

President Conklin passed a contact list for the Club visitation schedule for update.

Maureen Andretti reported that if we wished to shift our meeting site to Service Source, a lunch of wraps and sandwiches would cost \$10 per person, or a choice of 2 entrees, a side and dessert would be \$15. They are currently renovating their meeting space, so March would be the earliest availability.

The meeting was adjourned at 12:50 PM.

### *City of Fairfax*



### **City of Fairfax Parks and Recreation Department**

**Craft Show Applications** – The applications for the upcoming craft shows have gone out and are starting to come in. If your organization is interested in participating in the 2017 Fall Festival in October, please let me know and I will get an application to you.

**Parade Applications-** the Independence Day Celebration Parade Applications have gone out and are trickling in – if your organization plans on participating, get your application in as soon as possible.

### **Volunteers Needed for Special Events**

The City of Fairfax is looking for volunteers that would be interested in working a variety of special events in the city to include the 4th

of July Parade, Fall Festival, Holiday Craft Show and Festival of Lights and Carols. A small time commitment (2 or more hours) is requested to help with administration duties prior to an event and working the actual event (activity leader, balloon handler, etc.) There are many fun jobs to be had. Please contact Katie MacCammon at 703-385-7949 or [katherine.maccammon@fairfaxva.gov](mailto:katherine.maccammon@fairfaxva.gov) for more information.

### **CHOCOLATE LOVERS FESTIVAL – FEBRUARY 3-5 - OLD TOWN FAIRFAX**

This delicious annual festival features two days of chocolate celebration. This is a community favorite and features the Chocolate Challenge, an arts extravaganza where the medium is chocolate. The festival is a great Valentine's Day event with chocolate vendors offering samples and selling their products at the Taste of Chocolate. Other activities include the Kiwanis Pancake Breakfast, Harley Eye Candy Photos, open house at historic buildings, children's activities and more. Some events require a small fee while other events are free to all visitors. The schedule is subject to change. Please visit [www.chocolatefestival.net](http://www.chocolatefestival.net) for a current schedule of activities and applications or call 703-385-7858 for more information.

### **Chocolate Highlights**

#### **NEW EVENT Liquid Chocolate**

*Old Town Square*

*Friday 6-8pm, Saturday 3-7pm*

Kick off the best weekend of the year in Fairfax City with all the liquid chocolate your heart could desire. This heated tent will host different types of chocolate soda, chocolate wine, chocolate beer, hot chocolate, desert wine pairings, chocolate milk and more! Don't miss out on this great new addition to the festival! Visa & Master card accepted at this event.

#### **Taste of Chocolate**

*Old Town Hall, 3999 University Drive*

*Saturday 10am – 5pm, Sunday 12noon – 4pm*

Surround yourself with hundreds of the finest chocolate sensations area confectioners have to offer. Goodies to sample include cakes, candies, brownies, fudge, ice cream and other delicious concoctions. Admission is

free. Pogs, traded for chocolate merchandise, cost \$1 each. Cash and credit cards accepted.

#### **Chocolate Challenge**

*GMU Nutrition Kitchen, 3950 University Drive*

*Saturday 10am-5pm, Sunday 12noon – 4pm*

A gallery of art, cakes and cupcakes made entirely of chocolate created by professionals and amateurs alike. Both judges and visitors will have an opportunity to judge the entries in numerous categories. Donated cakes and other items will be open for silent auction bidding. Admission to the Chocolate Challenge is \$1 per adult. Applications to participate in the Chocolate Challenge are being accepted until January 27, 2015.

#### **Chocolate Lovers Pancake Breakfast**

*Fire Station 3, 4081 University Drive*

*8:00 a.m. - 1:00 p.m.*

Join the Kiwanis Club of Fairfax for their Chocolate Lovers Pancake Breakfast. The menu features pancakes (regular and chocolate chip) and sausage. Coffee, juice and milk also will be served. Cost is \$6 per adult and \$4 for children ages 4-10. Children age 3 and younger eat for free (with a paying adult).

#### **The Chocolate Caper Mock Trial**

*Fairfax Court House, 4000 Chain Bridge Road*

The Fairfax Bar Association will hold a mock trial based on children's fairy tales to explain the justice system to children and adults.

#### **Chocolate Fun**

*Liquid Chocolate – Old Town Square parking lot*

*Chocolate Covered Fairytales – Library*

*Chocolate Dipped Tales with KayDee*

*Puppets- Library*

*Chocolate Cake Walk – Old Town Square*

*Construct a Cupcake – Twins Ace Hardware*

**Mitzi Taylor** [mitzi.taylor@fairfaxva.gov](mailto:mitzi.taylor@fairfaxva.gov);

**Katie MacCammon**

[katherine.maccammon@fairfaxva.gov](mailto:katherine.maccammon@fairfaxva.gov)

#### **Chocolate Lovers Festival Committee**

**(CLFC). Chocolate Lovers Festival**

**Committee (CLFC)** – Don't forget to join us

February 4 & 5 as we celebrate 25 years of Chocolate! New this year will be the Liquid

Chocolate Tent in the upper parking lot at Old Town Square (corner of Old Lee Highway and North Street) on Friday, February 3<sup>rd</sup> (6 – 8 pm) and Saturday, February 4<sup>th</sup> (3 – 7 pm). Admission is free -- \$ for Tastes. We still have openings for organizations to sponsor cake walks on Saturday and Sunday (February 4<sup>th</sup> & 5<sup>th</sup>) .. please let us know if your organization is interested. Collectible Valentines of the “original” Woody’s Ice Cream are still available for \$5 at the Parks & Rec office.

**Beverly Myers:** [bmyers@wcsr.com](mailto:bmyers@wcsr.com)

**Independence Day Celebration Committee (IDCC). Independence Day Celebration Committee (IDCC)** is again proud to be sponsoring the Taste of Chocolate at the 25<sup>th</sup> Chocolate Lovers Festival. Collectible Valentines of the “original” Woody’s Ice Cream are still available for \$5 at the Parks & Rec office. By purchasing one of these valentines you will get a ticket to exchange for five pogs at the Taste of Chocolate to purchase delectable chocolate delights! The IDCC has chosen the logo for the 2017 July 4<sup>th</sup> celebration where we will be celebrating volunteers – watch this space for when the collectible t-shirts will be on sale and the locations.

**Beverly Myers:** [bmyers@wcsr.com](mailto:bmyers@wcsr.com)



**Civitan Club of Fairfax**

This is a big year for Civitans! Civitan was founded in 1917, and this year we are celebrating a Century of Service. In late June, we will be meeting in Birmingham, Alabama, for our Centennial International Convention. The headquarters of Civitan International is in Birmingham, as is the Civitan International Research Center, located at the University of Alabama. Civitans now has clubs in 47 countries around the world.

Our Fairfax Club is heavily involved with the Chesapeake District of Civitans, and is very supportive of Civitan International and especially of the International Research Center.

In mid January, the Board of Directors of our club met for dinner and planning, discussing our fund raising and service projects, and also the educational programs for upcoming meetings. Our February dinner/program meeting at the Service Source Oakton building will feature a presentation by Brandon Crosby from OAR, speaking to us about strengthening the community through second chances.

**David Hartmann:** [chartmann@cox.net](mailto:chartmann@cox.net)

**Downtown Fairfax Coalition**

**Jim Wyckoff, Jr.:** [jcwyckoffjr@aol.com](mailto:jcwyckoffjr@aol.com)



**FAIRFAX FERNS GARDEN CLUB**

Hildie Carney and Karin Rindal are working with the city to help decide what will go in some of the containers in downtown. Some will also be relocated.

**Kathy Hoffman:**  
[Kathryn.j.hoffman@gmail.com](mailto:Kathryn.j.hoffman@gmail.com)



**Fairfax VA Harley Owners Group**

We have been busy getting organized, planning activities for the year and putting on a number of training events. Since our last meeting, our Chapter gathered for a fun filled Holiday Party at the Fairfax American Legion Hall. A great time was had by all. On February 4<sup>th</sup>, a few Chapter members will

offer some “Harley Eye Candy” to the Chocolate Lovers Festival with a Bike Show & Tell at City of Fairfax Regional Library.

Our plans for 2017 are ambitious in terms of meeting our mission of having fun riding, riding safely and giving some back to the community along the way. In February, we will be kicking off our annual MDA campaign. Also, on February 11th, Chapter members will be giving the “Gift of Life” at INOVA Blood Center. As the year progresses, the Chapter will be active with our traditional charitable activities on behalf of the LAMB Center, FACETS and the Salvation Army. We are also sure there will be a few others along the way including Adopt-a-Spots in the City of Fairfax and Operation Atlas events at Bethesda Army – Navy and/or Fort Belvoir USO Warrior Centers.

Our Chapter will proudly be hosting the 19th Annual Ride of the Patriots on Sunday, May 28<sup>th</sup>. The format will be the same as previous years including a parade, opening ceremonies and a motorcycle procession to join Rolling Thunder at the Pentagon to recognize all those in uniform who have given life and limb in defense of our liberty and way of life. Last year well over 4,500 bikes came to Fairfax to join our ride and we look forward to a safe and memorable event in 2017 as well. It has become a community Memorial Day weekend event with many more residents and guests coming out to honor our military heroes. We will be participating in the City of Fairfax Independence Day Parade and will be conducting several Motorcycle “Show & Tell” Programs at County libraries and other venues throughout the summer.

We look forward to working with the City and ISCC civic organizations in 2017 to make our community a better place for all of us.

The Fairfax Harley Owners Group is a diverse and energetic force of over 700 members. The Chapter publishes a monthly newsletter and maintains its own web page at [www.fairfaxhog.com](http://www.fairfaxhog.com)

**Larry Larson:** [larry.d.larson@verizon.net](mailto:larry.d.larson@verizon.net)



## Fairfax City Regional Library

**10360 North Street**

**Fairfax, VA 22030**

703-293-6227 | TTY: 711

Sun.: 1 p.m. - 5 p.m.

Mon. - Thurs.: 10 a.m. - 9 p.m.

Fri.: 10 a.m. - 6 p.m.

Sat.: 10 a.m. - 5 p.m.

Genealogy Help Desk Bring your family history stumpers to an expert. Make an appointment at the Virginia Room desk or call 703293-6227, option 6. Adults

One-on-one English Conversation Practice Practice speaking English with a volunteer tutor. Call to make an appointment. Adults.\*

Personalized Internet/Microsoft Office Tutoring Learn how to use the web. Call for appointment. Age 13 & up.

Tales to Tails Read aloud to a friendly, trained therapy dog. Call for dates and times or register online. Age 6-12.

Wednesdays, Feb. 1, 15, 10:30 Drop-In Storytime Enjoy stories and songs, building your child's early literacy skills. Age 2-5 with adult.\*

Thursdays, Feb. 2, 16, 10:30 Mother Goose Storytime Enjoy stories, songs and fingerplays. Birth-23 months with adult.

Mondays, Feb. 6, 13, 27, 11:00 Tuesdays in February, 2:00 Thursdays in February, 7:00 Library Tech Help Get your library-related electronic resources questions answered. Includes help with eBooks and compatible devices. Adults.\*

Saturday, Feb. 4, 10:30 Fire Safety Puppet Show Enjoy a Fire Safety Puppet Show presented by the City of Fairfax Fire Department as part of the Chocolate Lovers' Festival. All ages.\*

Saturday, Feb. 4, 2:00 Kaydee Puppets-Chocolate-Dipped Tales Celebrate the City of Fairfax Chocolate Lovers' Festival with this colorful Kaydee Puppets presentation. Cosponsored by Friends of the City of Fairfax Regional Library. All ages.\*

Saturday, Feb. 4, 3:30 Be Our Valentine! Enjoy music with Cody & BJ as part of the City of Fairfax Chocolate Lovers' Festival. Cosponsored by Friends of the City of Fairfax Regional Library. All ages.\*

Sunday, Feb. 5, 2:00 Chocolate-Covered Fairy Tales Enjoy storyteller Gary Lloyd as part of the City of Fairfax Chocolate Lovers' Festival. These stories melt in your ears, not in your hands. Cosponsored by the Friends of the City of Fairfax Regional Library. All ages.\*

Sunday, Feb. 5, 3:30 Jonathan Austin Magic and Juggling Let Jonathan entertain you as part of the City of Fairfax Chocolate Lovers' Festival. Cosponsored by the Friends of the City of Fairfax Regional Library. All ages.\*

Monday, Feb. 6, 2:30 Breakout! Can you unlock the box in time? Solve a series of clues as a group to unlock the box and break out. Age 12-18.

Tuesdays in February, 10:30 Morning English Conversation Group Practice speaking English with others and improve your skills. Adults.\*

Tuesdays in February, 7:00 Evening English Conversation Group Practice speaking English with others and improve your skills. Adults.\*

Thursday, Feb. 9, 10:30 Preschool Storytime

Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Saturday, Feb. 11, 10:30 Family Math Games Come as a family to try our games. Build your children's math and logic skills while having fun. Games for all levels with tips for parents to use at home. All ages.

Saturday, Feb. 11, 2:30 Microsoft Excel Introduction to creating spreadsheets with Microsoft Excel. Age 13 and up

Wednesday, Feb. 15, 4:30 Make and Take Reuse materials and craft supplies to make your own unique masterpiece. Age 6-12.

Thursday, Feb. 16, 12:30 Thursday Afternoon Reading Group Call for title. Adults\*

Thursday, Feb. 16, 7:00 Family Movie Night: "Despicable Me 2" Everybody loves minions. See their second film appearance in which they help the world's most super-bad turned super-dad fight against evil. Snacks provided. All ages.\*

Saturday, Feb. 18, 10:30 Family Storytime Enjoy stories, songs and activities chosen for families. Age 2-6 with adult.

Saturday, Feb. 18, 1:00, 2:00 English Conversation Practice One-on-One Free program to improve your English language speaking skills. Receive 45-60 minutes one-on-one English conversation practice with a volunteer tutor. Adults.

Tuesday, Feb. 21, 7:00 Tuesday Evening Book Discussion Call for title. Adults.

Wednesday, Feb. 22, 4:30 Bilingual Storytime Build your child's early literacy skills while enjoying stories, songs and activities in English and Spanish. Age 3-5 with adult.

Thursday, Feb. 23, 10:30 Toddler Time Join us for stories, songs and activities. Library staff share with children a love for books while parents learn to cultivate early literacy skills. Age 2-3 with adult.

Saturday, Feb. 25, 11:00 Meet the Author Local author Dr. Larrie D. Ferreiro will speak about his new book, Brothers at Arms: American Independence and the Men of France and Spain Who Saved It, which recasts the American Revolution in a revealing new light. Adults and teens.

Saturday, Feb. 25, 2:00 Growth and Inspiration through Volunteering and Education (GIVE) Volunteers from Thomas Jefferson H.S. and Robinson H.S. offer tutoring in math, reading, writing, science, social studies and ESL. School age.\*

Monday, Feb. 27, 10:15, 11:15 Music and Movin' with Miss Susan Join Miss Susan for singing and moving to music with your little ones. Cosponsored by Friends of the City of Fairfax Regional Library. Age 6 months-5 years with adult.

**Laura Raymond:**  
[laura.raymond@fairfaxcounty.gov](mailto:laura.raymond@fairfaxcounty.gov)



**Friends of Fairfax Station**

Museum open Sundays, 1:00 to 4:00 PM

**Sunday, February 5**  
Valentine's Day at Fairfax Station (1:00 ~ 4:00 p.m.)

Make your own Valentine's Day gift for a special someone. Fun activities for visitors of all ages will be available with special railroad and historic themes.

**Sunday, February 12**  
Train Show

**Pete Conklin:** [conklinps@aol.com](mailto:conklinps@aol.com)



The February meeting of the HFCI Board will be held on February 8 at 7PM .

There is an opening for a Board member. If you are interested in the preservation of history please call Hildie Carney at 703 591 5305 and join us at the party.

If you are a member of a club or organization and would like to know about what HFCI represents, ask for a 20 minute presentation. Call Al Leightley at 703 273 2089.

Our annual membership drive is now on. Please pick up a brochure and send in your application. One of the perks is receiving the wonderful quartley newsletter which features a local historical story each issue.

HFCI sold all the White House Ornaments and ran out by December 1!

Are you interested in being a volunteer or docent for historic sites? Call 703 385 8415 and find out more about it.

A wonderful "thank you" party was held at Blenheim on January 21<sup>st</sup> to thank all the dedicated volunteers who staff our sites, give tours, and more.

Would you like to be remembered forever as a citizen of Fairfax? Buy a brick with your name on it for \$100. The bricks are placed in front of the Fairfax Museum.

**Programs at the Fairfax Museum and Blenheim:**

**MUSEUM:** Programs are at 2PM every other Sunday

Fairfax Museum and Visitor Center 10209  
Main Street, 703 385 8414

**February 12: 12 to 2PM at the Sherwood Center:** "Presentation of Aviva Kempner's "Rosenwald" –the story of Julius Rosenwald who funded over 5,000 African-American schools including one in the City of Fairfax from 1926-1951.

**New Exhibit:** Chalkboards to Smartboards: Free Public Schools in Fairfax County and the City of Fairfax. Through July 9, 2017

**BLENHHEIM CIVIL WAR INTERPRETIVE CENTER, 1PM**  
3610 Old Lee Highway

**January 28: "The CSS Shenandoah and the Last Shot of the Civil War":**  
Author William Connery will speak on the Confederate Navy's last ship.

**Hildie Carney:** [hilcarn31@aol.com](mailto:hilcarn31@aol.com)



**Kiwanis Club  
of Fairfax**

The club will be doing the pancake breakfast for Chocolate lover's festival and doing meals for young minds.

**Mariann Gabor:** [mgabor2010@hotmail.com](mailto:mgabor2010@hotmail.com)



**Knights of Columbus  
Father Diamond Council 6292**

The Council holds business meetings on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday's of the month at 8 PM in Providence Hall. Web site: [WWW.6292.kofc.com](http://WWW.6292.kofc.com).

The council supported the March for Life on Jan 27<sup>th</sup> in Washington, DC. We collected over \$ 46,000 in donations during the march to support this event.

February Activities:

- 02/05 – Scout Breakfast
- 02/13 - Bingo at Fairfax Nursing Home
- 02/11 – Rosary to End Abortion
- 02/19 – Family Breakfast
- 02/21 - Gray Gosts Luncheon
- 02/28 – "Fat Tuesday" Supper before Ash Wednesday

**Albert Leightley:** [Leightley8@verizon.net](mailto:Leightley8@verizon.net)

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## Fairfax Lions Club



**We Serve**

Since 1951

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### Service Events

**Vision screening:** Jan 17-19. at the Lamb Center. Screened 24 persons, eight persons (33%) were referred for specialized vision care (several severe cases for urgent referrals). Many needed readers (available in the Lamb Center, donated by the Lions eyeglass recycling center).

**Vision screening:** Jan 20 at Green Acres Senior Center. Screened eight seniors, one referred to an optometrist. Center's Director asked Lions to hold another screening on May 4.

**New Eyeglasses provided in the community:** Purchased 5 in January 2017, purchased 34 so far this Lions Year (July - July), for \$1800. Have 10 requests for eyeglasses pending, from Fairfax County referrals.

**Eyeglass Donation and Recycling:** Since July 1, 2017, collected 4,385 pair of donated eyeglasses, and 9 hearing aids; delivered to the LIONS EYEGLOSS RECYCLING CENTER OF NORTHERN VIRGINIA. (Since that center opened in 1998, more than 1,800,000 pair of eyeglasses have been sent to persons in need around the world.)

### Fund Raising

**Vehicle Donation Program:** Three vehicles donated since the first of the year; one sold, remaining two being inspected to determine market value. Any person with a vehicle they might donate - call 844-455-4667; trained staff will answer any questions, and take it from there.

**Amazon Smile:** Promoting Lions Club members to shop on Amazon Smile - and designate Fairfax Host Lions Club as their charity.

### February Events

Feb 4-5-Vision Screening, Choc Lovers Festival

Feb 7 - Dinner Meeting (630pm, American Legion Post 177, 3939 Oak Street, Fairfax)

Feb 8 - Eyeglass Recycling

Feb 12 - James Bland Music contest for youth - vocal & instrumental (1:30 PM, at St. George's United Methodist Church, 4910 Ox Road, Fairfax)

Feb 21 - Dinner Meeting

Feb 22 - Eyeglass Recycling

Feb 23 - Bingo at Fairfax Nursing Center

**Gordon Tillery:** [tilleryg@gmail.com](mailto:tilleryg@gmail.com)



The Central Fairfax Optimist Club dinner meeting held on January 3rd at the Elks Lodge 2188 featured our own Claudia Morcelo. Members had donated backpacks for kids in Peru. Claudia Morcelo and her daughter Amanda distributed fifty backpacks to kids in Los Cedros de Ventanilla (a mountain populated mainly by single mothers and dysfunctional families living in extreme poverty). The majority of these kids walk approximately 30 minutes to an hour to attend the closet school carrying their school supplies in plastic bags, or using old sweaters wrapped around their backs to hold their books. Ninety backpacks were provided to kids in Carabayllo. Nuns that live in that area selected kids in need for these supplies, the kids were extremely grateful. They danced and sang Christmas Carols to the volunteers and parents present. The remaining backpacks were distributed to young girls from "Las Casa Hogar" —victims of domestic violence along with cupcakes.

We have several scholarship contests in process. The Essay Contest and the Communication Contest for the Deaf and Hard of Hearing (CCDHH) can lead to a \$2,500 scholarship. We also sponsor a \$1,000 scholarship competition for seniors in the five area high schools. Finally, our Cub Scout pack at Daniels Run Elementary had a Pinewood Derby on January 28<sup>th</sup>.

**Art Jones:** [art04jones@gmail.com](mailto:art04jones@gmail.com)



**Irby Hollans, Jr:** [ihollans@earthlink.net](mailto:ihollans@earthlink.net)





**Salvation Army**

### **Women's Auxiliary**

The Salvation Army Auxiliary is busy working on the 37th Annual Fashion Show and Luncheon to be held on March 24 at the Waterford Fair Oaks. The Auxiliary is now accepting items for the Silent Auction and Attic Treasures. Tickets are available at \$50. Contact Connie Lauther 703-909-8423 with donations and or tickets.

The Fairfax Corps of the Salvation Army provides after school care and programs for 80 children. This project must be suspended during the holiday season resulting in a major disruption for both the program and the families involved. The Corps is seeking donated warehouse space for the month of December so that Santa's workshop can be relocated. If anyone knows of any possibilities, please contact Major Jean Wilson of the Fairfax Salvation Army Corps at 703-385-8700 ext 21.

**Connie Lauther:** [lauthers2relo4u@cox.net](mailto:lauthers2relo4u@cox.net)



**ServiceSource**

A LEADING RESOURCE FOR PEOPLE WITH DISABILITIES

**Maureen Andretta:**  
[Maureen.andretta@servicesource.org](mailto:Maureen.andretta@servicesource.org)



**Joe Meyer:** [joe.meyer@shelterhouse.org](mailto:joe.meyer@shelterhouse.org)



### **Shepherd Center Fairfax Burke (SCFB)**

**Shepherd Center Fairfax Burke (SCFB)**  
SCFB is dedicated to helping older adults continue to live independently, and to providing enrichment and social networking opportunities that keep life exciting and rewarding for them. Programs include Accompanied Medical Transportation and Companion Shopping (for older people who are no longer able to drive), Friendly Callers/Visitors (for people who are mostly homebound), Caregivers Support Groups (for those who have loved ones with dementia), low-cost exercise classes (to promote strength, balance and flexibility), and Lunch N' Life, Adventures in Learning, and Wednesday at the Movies which all provide mental stimulation and socialization opportunities.

#### **ACTIVITIES**

During December, SCFB provided 146 medical and companion shopping drives to our clients.

#### **LUNCH N' LIFE :**

Are You 50 or Better? Please join us for the next Lunch N' Life sponsored by the Shepherd's Center of Fairfax-Burke on Thursday March 16th at 12 noon at Jubilee Christian Center, 4650 Shirley Gate Rd. The luncheon speaker is Mike McGrath Syndicated Public Radio Announcer on gardening. The cost is \$10.00; checks payable to SCFB. Call Bea Stephenson for reservations at 703-273-5730 by March 10<sup>th</sup> for reservations. If transportation is needed, call the SCFB office (703) 323-4788.

#### **SPRING FASHION SHOW:**

On Thursday, May 18, 2017, support the Shepherd's Center of Fairfax-Burke (SCFB) by attending the Luncheon and Fashion Show at the Church of the Good Shepherd, 9350 Braddock Road, Burke VA. The Luncheon and Fashion Show will be from noon to 2:00 pm. Fashions are

provided by Soft Surroundings of Fairfax. Cost for Lunch and the Fashion Show is \$30.00 per person. Please contact Bea Stephenson for reservations at (703) 273-5730. Deadline for reservations is May 12, 2017.

**VOLUNTEERS NEEDED as DRIVERS & OFFICE WORKERS!**

Shepherd's Center of Fairfax-Burke serves those 50+ and who no longer drive. Volunteer Drivers are needed for trips (Monday - Friday) to medical appointments and Companion Shopping within the Fairfax/Burke area. Office Workers are needed to answer phones in the SCFB office (Monday - Friday) of individuals requesting rides and match an available driver for each request. If you can volunteer your time, please contact the SCFB office at 703-323-4788.

If you no longer drive and need a transportation to a medical appointment or up to 3 shopping errands, please contact the SCFB transportation phone number 703-323-4788

**Albert Leightley:** [Leightley8@verizon.net](mailto:Leightley8@verizon.net)



**Soroptimist  
International of Fairfax County**

As we had no applicants for our major grants, we are investigating local organizations that promote the best for women and girls to support this year.

**Cathy Kelleher:** [dandckelleher@cox.net](mailto:dandckelleher@cox.net)



There is not much new to report since our last meeting, as our next meeting is the week after February's ISCC meeting. Our upcoming big event is our Spring fashion show and silent auction, which is a fundraiser for our scholarship program. We will soon notify the schools (Woodson, Robinson and Fairfax) that applications for this year's scholarship will be accepted.

We are looking forward to participating in Fairfax City's Annual Chocolate Lovers Festival by serving as docents at the Ford House Open House on Saturday February 4.

**Suzanne Grimsley:**  
[suzanne.grimsley@yahoo.com](mailto:suzanne.grimsley@yahoo.com)



On January 30th, we hosted a free joint program with George Mason University's Freedom Connection against Human Trafficking to show SOLD, a film based on the best-selling book by Patricia McCormick, on human trafficking. Following the film, a panel discussion was held on the topic, including Dr. Al Fuentes, GMU professor, and Bobbee Cardillo, Zonta Club of Fairfax's Advocacy Chair and a member of the International Advocacy Committee. Due to weather, two planned meetings in January had to be cancelled. In addition, club Board meetings were cancelled. Hopefully February will work out better! The Club did continue our monthly contributions to the County's Domestic Violence Action Center of food and personal items for the Zonta food pantry. Our next meeting is scheduled for February 4th

**Barbara Lippa:** [barbaralippa@verizon.net](mailto:barbaralippa@verizon.net)