



Inter-Service Club Council of the City of Fairfax

iscc-fairfaxva.org

Volume 41, Number 10

7 September 2016

Next Meeting:

Wednesday, 5 October 7, 2016
12:00 PM
Red Lobster Restaurant, Fairfax

LAST MINUTE THOUGHT & ADJOURNMENT

“The vision must be followed by the venture. It is not enough to stare up the steps; we must step up the stairs.”

Dr. Vance Havner

The meeting was adjourned t t 1:00 PM.

ISCC Minutes 1 June 2016

President Larson called the meeting to order at 12:05 PM. Eighteen clubs were represented. President Larson gave the invocation and all recited the Pledge of Allegiance.

Thought for the Day

“The happiness of America is closely linked to the happiness of the whole community; she will become the respectable and secured home of virtue, of honesty, of tolerance, of equity and of quiet freedom”
Lafayette

OFFICER REPORTS

Minutes of the May meeting were approved as read.

Vice President Jones had nothing to report.

Treasurer Lauther reported a balance of \$1,191.05 as of April. She also reported that we had received a thank you note from Fairfax High School for our donation to their graduation party.

President Larson deferred to Business

OLD BUSINESS

Update: 2016 Volunteer of the Year Event - nominee and money need to be in by 30 June. Information on the nominee needs to be sent to the Library (Laura Raymond), money to Connie Lauther. Hildie will send out something to coordinate food.

City of Fairfax



4th of July - Thank you

The City of Fairfax Parks & Recreation Department would like to thank the Independence Day Celebration Committee and the many volunteers that gave of their valuable time to make this year's Independence Day Celebration a wonderful success. Whether serving as a lineup judge, route official, telephone caller, envelope stuffer, office worker, information booth worker, balloon handler, car driver, errand runner, luncheon organizer, reviewing stand host, your time and assistance are gratefully appreciated. The event would not be possible without this support. For information on volunteering at the event or becoming a member of the Independence Day Celebration Committee please call Mitzi at 703.385.7949.

21st Annual CCE Irish Folk Festival

Van Dyck Park

September 24; 12noon – 7:30pm

There will be live traditional Irish music and dance at both Sherwood Center and Auld Shebeen Irish Pub

Free Admission!

Fall for the Book

Sherwood Center; other locations as well
September 25 – 30; times vary

5 days – 150 authors – Readings, discussions, performances and more
Website: www.fallforthebook.org

40th Annual Fall Festival

Historic Downtown Fairfax, VA
October 8, 2016, 10am - 5pm
(Rain date October 9)

Enjoy this family friendly exciting street festival in the heart of the City of Fairfax, VA. More than 400 juried crafters and food vendors will be selling their wares. Activities include children's activities; Touch a Truck, Silent Disco, amusement rides and musical entertainment for all ages.

Main Stage

11am – 1:30pm
Local band
2:30 – 5pm

Vinyl Invention –

Mirage – Visions of Fleetwood Mac and Stevie Nicks

Old Town Square Stage

12:30-3:00pm
Country Music
5:30 – 8:30pm

Alex Hilton Band –

The Vigilantes –
Fun and exciting cover band

Children's Stage

10:30am
11:30am
12:15pm
Fitness
1pm
2pm
2:30pm
3:15pm
4pm

Mr. Skip
Turley the Magician
eMotion Dance &
Rocknocerus
Tigereye Taekwondo
Reptiles Alive!
Mad Science
Bach2Rock

Silent Disco

Located on University Drive; 10am – 5pm
A dance event where people dancing while listening to music on wireless headphones, without disrupting the world around.

FREE ADMISSION!!! For more information, call 703.385.7858 or visit www.fairfaxva.gov.

Volunteers Needed for Special Events

The City of Fairfax is looking for volunteers that would be interested in working a variety of special events in the city to include the 4th of July Parade, Fall Festival, Holiday Craft Show and Festival of Lights and Carols. A small time commitment (2 or more hours) is

requested to help with administration duties prior to an event and working the actual event (activity leader, balloon handler, etc.) There are many fun jobs to be had. Please contact Katie MacCammon at 703-385-1710 or katherine.maccammon@fairfaxva.gov for more information.

Mitzi Taylor mitzi.taylor@fairfaxva.gov;
Katie MacCammon
katherine.maccammon@fairfaxva.gov

Chocolate Lovers Festival Committee

(CLFC) will be presenting the grant recipient awards at the September 27 City Council meeting – recipients of the 2016 CLFC Grant are the City of Fairfax Police Kids Safety Saturday and Cops and Kids Program, The Fairfax Lions Club, and Pets Bring Joy. The CLFC will begin planning for the 2017 event at their meeting on September 7. If your organization would like to be part of our 25th Chocolate Lovers Festival whether it be hosting an event or being a sponsor, please contact me at bmyers@wcsr.com. If your organization would like to be considered for the 2017 CLFC grant, please download an application at www.chocolatefestival.net.

Independence Day Celebration Committee

(IDCC) will be having their first meeting on September 15 to begin planning for the July 4, 2017 event. The IDCC wants to thank everyone who participated in their 50th parade on July 4, 2016. At the September 15 meeting the IDCC will be selecting their valentine to be sold at the Taste of Chocolate during the 2017 Chocolate Lovers Festival.

Beverly Myers: bmyers@wcsr.com



Civitan Club of Fairfax

Fairfax Civitans continued its first Thursday of the month dinner/program meetings during most of the summer. And the first Saturday of each month, members of our Club continue to provide major support for the huge Arlington County garage sale/flea

market. We also are already selling White House Christmas Ornaments.

Other highlights during the summer included the annual convention of Civitans International. This year—in mid July—a sizeable Fairfax contingent attended and helped host that Convention held this year in Norfolk, Virginia. Later, on 3 August, we proudly presented our Club's Volunteer of the Year at the ISCC hosted annual celebration. In mid August, the Chesapeake District of Civitans held its annual Convention at the Great Wolf water park and lodge in Williamsburg. One of our Club members was selected to be Governor Elect of the District this coming year. Earlier in the summer, Fairfax Club officers and directors were selected for the coming year, and at our 1 September dinner/program meeting, these leaders were installed by the newly elected District Governor. The Board of Directors of Fairfax Civitans will meet at the Hartmann's home in late September, and, after dinner, will plan for the program year starting 1 October.

Other summer activities included again running a food stand supporting folks enjoying the Fairfax City 4th of July parade. Partnering with ServiceSource, we also provided and "manned" a float in that parade. In mid August, we found a nice day to do our adopt a spot Wilcoxin Park "pick up." On 17 September, our Civitan Area 3—lead by the Fairfax Club—will host our annual Burke Lake Picnic. Several hundred developmentally disabled folks and their helpers will be present—for food, fun, and fellowship.

David Hartmann: chartmann@cox.net

Downtown Fairfax Coalition

Saturday and Sunday Farmers' Markets are open and continue to be a success every weekend.

Jim Wyckoff, Jr.: jcwyckoffjr@aol.com

Kathy Hoffman:

Kathryn.j.hoffman@gmail.com



Fairfax VA Harley Owners Group

Summer is always a packed with many riding opportunities and we have been blessed with great riding weather. Along the way many of our members have supported the community.

On July 4th twenty Chapter members rode in the 50th Annual Independence Day Parade in the City of Fairfax. The day was hot, but no rain which made an enthusiastic and positive day for spectators and parade participants alike. We all had fun and were proud to be a part of this event.

The Chapter did its part in keeping the City of Fairfax Streets looking their best on August 6th as part of the Adopt-A-Spot Program.

During the August the Chapter again supported the Salvation Army's Back to School Backpack Program. The Salvation Army puts together over 1,000 backpacks for school kids in Fairfax County who need this type of support to get off to a good start. With this bit of encouragement and head start, we hope that these kids have a successful school year and future.

On August 3rd we were pleased to take part in the Annual Volunteer Recognition Program hosted by the InterService Club Council at the Sherwood Community Center. We proudly presented Meg Hawkins as our "Volunteer of the Year". We were glad to have her volunteer efforts in the community recognized, as well as the generous support given to our Harley Owners Group. She joined the other nominees similarly recognized and we applaud all of them for their unselfish effort in our community and in their organizations.



FAIRFAX FERNS GARDEN CLUB

In June & July, our Chapter provided a bit of "Show & Tell" about motorcycles and riding at the Fairfax Regional Library and at George Mason Library. We met a lot of new faces, kids and adults. While the kids typically sign up for the event, we suspect that the fathers and a couple of moms also had a keen interest. One of our newer events took place on August 20th. The 2nd Annual "Respect Our Elders" Ride included visits to two "elder care/assisted living" residences to share some time and biker respect for those whose footsteps and encouragement have inspired us.

Coming up in September we are focused on 9-11 recognition events including our Annual 9-11 Memorial Chapter Ride to the Pentagon on September 11th and the Rattle the Runway Ride also on September 11th. Proceeds from both of these events go to the Pentagon Memorial Foundation. Another event, The Healing Heroes Ride on October 1st will involve many members to support outreach to wounded warriors at Boulder Crest Retreat.

The Fairfax Harley Owners Group is a diverse and energetic force of over 600 members. The Chapter publishes a monthly newsletter and maintains its own web page at www.fairfaxhog.com

Larry Larson: larry.d.larson@verizon.net



**Fairfax City
Regional Library**

**10360 North Street
Fairfax, VA 22030
703-293-6227 | TTY: 711
Sun.: 1 p.m. - 5 p.m.
Mon. - Thurs.: 10 a.m. - 9 p.m.
Fri.: 10 a.m. - 6 p.m.
Sat.: 10 a.m. - 5 p.m.**

Genealogy Help Desk Bring your family history stumbers to an expert. Make an appointment at the Virginia Room desk or call 703-293-6227, option 6. Adults.

One-on-one English Conversation Practice Practice speaking English with a volunteer tutor. Call to make an appointment. Adults.*

Personalized Internet/Microsoft Office Tutoring Learn how to use the web or increase your skills. Call for appointment. Age 13 & up.

Tales to Tails Need practice reading? Read aloud to a friendly, trained therapy dog. Call for dates and times or register online. Age 6-12.

Thursday, Sept. 1, 2:00 Genealogy Databases Search for your ancestors using the library's genealogy databases and other free internet databases. Adults.

Saturdays in September, 10:00 Neighborhood Plant Clinic Master Gardeners provide horticultural tips, information, techniques and advice to home gardeners. Adults.*

Saturday, Sept. 3, 11:00 Forgotten Fairfax: A History of the Washington & Old Dominion Railroad Have you ever biked the W&OD Trail? Former trail manager, Paul McCray, will talk about the history of the Washington and Old Dominion Railroad, why it went defunct, the forgotten strike of 1916 and visible remnants. All ages.

Saturday, Sept. 3, 3:00 Crossing the Finish Line The City of Fairfax Adult Summer Reading Program finishers' party. Come for a chance to win a Kindle Fire, gift cards or book bundles. You must have completed the City of Fairfax Adult Summer Reading Program to attend. One prize entry per person. Adults.

Tuesdays in September, 10:30 Storytime at

Old Town Square Come across the street to Old Town Square to hear stories, weather permitting. Age 2-5 with adult.*

Tuesdays in September, 10:30 Tuesday Morning English Conversation Group Practice speaking English with others and improve your skills. Adults.*

Tuesdays in September, 2:00 Mondays, Sept. 12, 19, 26, 11:00 Library Tech Help Get your library-related electronic resources questions answered. Includes help with eBooks and compatible devices. Adults.*

Tuesdays in September, 7:00 Tuesday Evening English Conversation Group Practice speaking English with others and improve your skills. Adults.*

Thursday, Sept. 8, 10:30 Preschool Storytime Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Thursday, Sept. 8, 7:00 Family Movie Night: "The Good Dinosaur" Don't you wish dinosaurs were still alive? They never went extinct in this Disney Pixar movie where a dinosaur becomes friends with a human boy. All ages.*

Saturday, Sept. 10, 11:00 Music in the Life of President Lincoln Watch a screening of the documentary "Music in the Life of President Lincoln" produced by the Virginia Chamber Orchestra. A Q&A will follow the film. All ages.*

Saturday, Sept. 10, 2:00 Family Math Games Come as a family to try our games. There are few better ways to build math and logic skills and certainly none more fun. We'll have games for all levels with tips for parents to use at home. All ages.

Saturday, Sept. 10, 2:30 Microsoft Excel Introduction to creating spreadsheets with Microsoft Excel. Age 13 & up.

Tuesday, Sept. 13, 4:30 Readers' Theater Read with friends. Participants will rehearse and perform a dramatic reading together. Age 8-12.

Thursday, Sept. 15, 10:30 Toddler Time Join us for stories, songs and activities. Library staff share with children a love for books and parents learn to cultivate early literacy skills. Age 2-3 with adult.

Thursday, Sept. 15, 1:00 Afternoon Reading Group Epitaph: A Novel of the O.K. Corral by Mary Doria Russell. Adults.*

Thursday, Sept. 15, 7:00 Retirement: Making Your Money Last Financial Advisor Albert Wu will answer your retirement questions and discuss strategies for creating income for retirees who are no longer receiving a paycheck. Adults.

Saturday, Sept. 17, 10:00-3:00 City of Fairfax Library Friends Fall Children's Book Sale Join the Friends of the City of Fairfax Regional Library for the Fall Children's Book Sale. Choose gently used books for children, for yourself or as gifts. All ages.*

Monday, Sept. 19, 7:00 Coloring for Adults Join us for a relaxing evening of coloring. Supplies provided. Adults.

Tuesday, Sept. 20, 7:30 Evening Book Discussion Circling the Sun by Paula McLain. Adults.*

Friday, Sept. 23, 1:00-3:00 Saturday, Sept. 24, 1:00-3:00 Sunday, Sept. 25, 1:00-3:00 City of Fairfax Library Friends Fall Book Sale Join the Friends of the City of Fairfax Regional Library for the Fall Book Sale. Choose gently used books all ages, for yourself or as gifts.

Monday, Sept. 26, 10:15, 11:15 Music and Movin' with Miss Susan Join Miss Susan for singing and moving to music with your little ones. Cosponsored by Friends of the City of

Fairfax Regional Library. Age 6 months-5 years with adult.

Fairfax Station

Monday, Sept. 26, 4:30 Crazy 8s Math Club
Join Bedtime Math's Crazy 8s, where you'll run and jump and make a mess while learning math concepts. Cosponsored by Bed time Math. Grades K-2.

Wednesday, Sept. 28, 4:30 Bilingual Storytime
Bilingual Storytime in English and Spanish. Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Wednesday, Sept. 28, 7:00 Meet Author Claudia Kalb
Meet Claudia Kalb, award-winning journalist and author of *Andy Warhol Was a Hoarder: Inside the Minds of History's Great Personalities*. Books available for sale and signing. Cosponsored by Fall for the Book. Adults and teens.*

Thursday, Sept. 29, 10:30 Mother Goose Storytime
Enjoy stories, songs and fingerplay and lay a foundation of early literacy skills for your baby. Birth-23 months with adult.

Thursday, Sept. 29, 4:30 Brain Games at the Library
Have fun and win prizes with our board games and card games that challenge your thinking and build your skills. Age 8-12.

Thursday, Sept. 29, 7:00 Estate Planning: Your Questions Answered
Curious about writing a last will and testament? Learn estate planning basics from a professional estate attorney. Adults

Laura Raymond:
laura.raymond@fairfaxcounty.gov



Friends of

Pete Conklin: conklinps@aol.com



The HFCI May meeting will be held on September 14, at **7:00 PM at the Blenheim site. All are welcome to attend.**

Are you interested in being a volunteer or docent for historic sites? Call 703 385 8415 and find out more about it. Would you like to be remembered forever as a citizen of Fairfax? Buy a brick with your name on it for \$100. The bricks are placed in front of the Fairfax Museum.

Kitty Pozer garden in Olde Town Square is an on going project and needs help with hands on and funds. If you are interested call Hildie at 703 591 5305.

The Blenheim House is now equipped with a state of the art air cooling and heating system. Work was ongoing this summer. The House is now open again for tours each day at 1PM. Work will begin to furnish the house with period items.

HFCI is actively involved in the "Rust Curve" project before the Council. The highway has a historic significance during the Civil War.

Ratcliffe – Allison House Is open
Saturdays, May 7 thru October at 10386 Main St. Free guided tours will be offered from 11AM to 2PM.

Historic Walking Tours: Saurdays, September 3 and October 1.
Tours begin at the Historic Fairfax County Courthouse at 10AM. Call 703 385 8414 for reservations. These tours are sponsored by HFCI.

Programs at the Fairfax Museum and Blenheim:

MUSEUM: Programs are at 2PM every other Sunday
Fairfax Museum and Visitor Center 10209
Main Street, 703 385 8414

September 11:
“Meet a Yankee Schoolmarm”. Learn about early education in Fairfax.

BLENHEIM CIVIL WAR INTERPRETIVE CENTER, 2PM
3610 Old Lee Highway

September 24:
“The Battle of Bristoe Station: Myth and Memory”. Presenters Rob Orrison and Bill Backus of the Prince William County Historic Preservation Division. Their book “A Want of Vigilance: The Bristoe Station Campaign” will Be available for book signing and sale.

Exhibits:
Museum: “Chalkboards to Smartboards: Public Education in Fairfax City And County.

September 17, 8th Annual Taste of the Vine. Tickets are available on our website: historicfairfax.org Check us out for all our programs and news!!

Hildie Carney: hilcarn31@aol.com



**Kiwanis Club
of Fairfax**

We will be doing our planning meeting for next year and pack meals for Meals for young minds

Mariann Gabor: mgabor@earthlink.net



**Knights of Columbus
Father Diamond Council 6292**

The Council holds business meetings are on the 2nd and 4th Tuesday's of the month at 8 PM in Providence Hall. Web site: WWW.6292.kofc.com.

The Council awarded two scholarships to eighth graders who will be attending Catholic High Schools next year. The council supported the Fairfax Antique Car Show on 25 June with a concession stand.

Sept Activities:

- 28 August – Blood Drive
- 12 Sept – Bingo at Fairfax Nursing Home
- 17 Sept – Support St Leo's Parish Picnic
- 18 Sept – Monthly Family Breakfast
- 24 Sept – Annual Crab Feast

Albert Leightley: Leightley8@verizon.net



**Lions Clubs
International**

June 2016:

Jun 8: Fairfax Lions conducted a large food drive to support the “Food for Others” program.

All of our continuing service events.

July 2016:

Jul 4: Fairfax City 4th of July Parade. Fairfax Lions manned its food booth, serving hot dogs, hamburgers, chips, and drinks.

All of our continuing service events.

Aug 2016:

Aug 3: Participated in the Fairfax City Volunteer of the Year Award ceremony at the Sherwood Center. Fairfax Host Lion Elden Wright was honored. He is a long-time volunteer who leads a free eyeglass testing/prescription and dispensing program for the poor, is President of the Virginia Lions Eye Institute (providing specialized eye treatments and surgery for the poor at Fairfax Inova Hospital), leads our blood drives, and is the lead organizer for our three annual fruit sales (key fundraisers).

Aug 15-Sep 6: Fairfax Lions focused on some major improvements to its cabin at the Northern Virginia Lions Youth Camp near the Shenandoah River. The work includes large new windows, an exhaust fan, restored roof, siding repairs and resealing, screened porch maintenance, and more.

Continued collection, delivery, and processing of donated glasses and hearing aids. Fairfax Lions participate in this effort twice a month at the Lions Eyeglass Recycling Center of Northern Virginia in Arlington. The glasses and hearing aids are donated to the poor locally, in several parts of Virginia, and around the world. They are frequently part of Medical Mission trips. Since the center opened in 1998, they have shipped over 1,600,000 pair of recycled eyeglasses around the world. There are five other Lions recycling centers in the U.S., including one in Roanoke. Still other centers are located in France, South Africa, and Spain. The web site is <http://www.valions.org/egrc/index.html>

Continued "Bingo Night" at Fairfax Nursing Center, a nursing & rehabilitation center. Fairfax Lions lead the twice monthly event and provide friendly and caring assistance to those who have difficulty playing.

Continued a Fairfax Lions voucher program to provide free eyeglasses for needy people

in the Fairfax Lions service area who are referred to us by the County. We also provide this service for New Beginning clients who are in the Fairfax County Substance Abuse Program as well as individuals in the County Juvenile Detention Program.

Continued an ongoing Fairfax Lions Vehicle Donation Program, another source of funds for charities we support in Fairfax. See www.fairfaxlions-cardonations.org/ for details.

September 2016:

Sep 5: Fairfax City Labor Day Car Show. Fairfax Lions provided free vision, hearing, and glaucoma tests utilizing one of our large service vans. It was accomplished in concert with Clifton Lions who sponsored the car show.

Sep 10: Fairfax Lions Fall Retreat/Picnic. Fairfax Lions are having a picnic at the Northern Virginia Lions Youth Camp near the Shenandoah River. The picnic will highlight the recent improvements to our club's cabin at the camp.

All of our continuing service events.

Martin Lockart: lock7-mar2@cox.net



Optimist Club of Central Fairfax

Art Jones: artjones@mris.com



Helping Those with Intellectual Disabilities

Parents & Associates, NVTC
Elaine & Ed Senft: esenft@comcast.net



Irby Hollans, Jr: ihollans@earthlink.net



Salvation Army

Women's Auxiliary

The Fairfax Salvation Army Auxiliary welcomed new Corps officers in June. They are Majors Don and Jean Wilson. During the summer the Auxiliary assisted in the Back Pack program for local elementary students. In addition they made a monetary contribution for supplies for the students. The organization year will begin again on September 21.

Connie Lauther: lauthers2relo4u@cox.net



ServiceSource

A LEADING RESOURCE FOR PEOPLE WITH DISABILITIES

ServiceSource, Inc. had a great summer filled with projects and activities that brought in new community supporters and strengthened existing partnerships. For the first time, we participated in the City of Fairfax Fourth of July Parade; walking side by side the Fairfax Civitans to educate about supporting people with disabilities. Later in July, our Annandale House site was the lucky recipient of close to 20 volunteers from Playa Resorts who volunteered their time doing much needed renovations to the property; making it a better space for the 100+ individuals who use it on a yearly basis. In August, we were proud to recognize our eight Pioneer Volunteers at the ISCC Annual Volunteer Recognition Banquet and how they have helped support the launch of our first formal volunteer program. **Upcoming Events:** On September 29th, ServiceSource will be the lucky beneficiaries of the Nexco Charitable Golf Tournament. For questions about the event, please contact Albert Wu at 703-242-0286 or at albert.wu@edwardjones.com

Maureen Andretta:

Maureen.andretta@servicesource.org



Shelter House is excited to announce our third year participating in Allstate Foundation's national Purple Purse Challenge from September 28 - October 25. This month-long campaign challenges more than 160 charities around the nation, ours included, to raise as many funds and as much awareness as possible **to end domestic violence and financial abuse.** To

get involved, please email Priya Patel, Marketing and Communications Manager at priya.patel@shelterhouse.org. You can also visit crowdrise.com/ShelterHouse-PurplePurse2016 to contribute (from 9/28-10/25) and to get more information on statistics and stories on those affected by domestic violence and financial abuse.

Joe Meyer: joe.meyer@shelterhouse.org



Shepherd Center Fairfax Burke (SCFB)

Shepherd Center Fairfax Burke (SCFB)

SCFB is dedicated to helping older adults continue to live independently, and to providing enrichment and social networking opportunities that keep life exciting and rewarding for them. Programs include Accompanied Medical Transportation and Companion Shopping (for older people who are no longer able to drive), Friendly Callers/Visitors (for people who are mostly homebound), Caregivers Support Groups (for those who have loved ones with dementia), low-cost exercise classes (to promote strength, balance and flexibility), and Lunch N' Life, Adventures in Learning, and Wednesday at the Movies which all provide mental stimulation and socialization opportunities.

Shepherd Center volunteers provided for 157 medical and shopping drives in July 2016. Had a 100 participants in exercise program. If you no longer drive and need transportation to a medical appointment or up to 3 shopping errands, please contact the SCFB transportation phone number 703-323-4788.

PROGRAMS:

PROGRAMS: DEMENTIA CARE GIVERS SUPPORT GROUP sponsored by the Shepherd's Center of Fairfax-Burke will be on 2nd Tuesday at Noon - 1:30 pm at the Lord

of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. This summer the dates are August 9th and September 13th. The group is for those caring for someone with dementia or interested in learning more about providing care giving to a person with a disorder that affects memory and cognition and may impact behavior and physical abilities. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or Eileen.thompson1@gmail.com.

LUNCH N' LIFE - (A bi-monthly lunch and program at various sponsoring churches.) Are You 50 or Better? Please join us for the next Lunch N' Life sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, September 15, 2016, (12:00-2:00 p.m.) at The Lutheran Church of Abiding Presence located at 6304 Lee Chapel Rd, Burke, VA 22015. The quest speaker will be Sharon Lynn, Director of Area Agency on Aging Fairfax County. For reservations, call Bea Stephenson at 703-273-5730 by September 9th. The cost is \$10.00; checks payable to SCFB. If transportation is needed, call the SCFB office (703) 323-4788. See www.scfbva.org for more information. Here is the link to the flyer: http://www.scfbva.org/files/pdf/lnl_sep_2016.pdf

EXERCISE PROGRAM

Mondays and Fridays at 9:30 am year-round at Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax, VA 22032. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.

Friendly Callers and Visitors

If you or someone you know is unable to get out and needs weekly calls and visits, or you would like to be a caller or visitor, please contact the SCFB office at 703-323-4788).

SERVICE: VOLUNTEERS NEEDED as DRIVERS & OFFICE WORKERS

Shepherd's Center of Fairfax-Burke serves those 50+ and who no longer drive. Volunteer Drivers are needed for trips (Monday - Friday) to medical appointments and Companion Shopping within the Fairfax/Burke area. Office Workers are needed to answer phones in the SCFB office (Monday - Friday) of individuals requesting

rides and match an available driver for each request. If you can volunteer your time, please contact the SCFB office at 703-323-4788.

Albert Leightley: Leightley8@verizon.net



Soroptimist International of Fairfax County

We continue to support Bethany House financially and with in-kind donations. We will be selling White House Christmas Ornaments this fall. We will also work a Rock the Block Beer tent in October.

Applications for our Live Your Dream (female head of household) and Violet Richardson (female volunteer age 14-17) grants are due in December.

Cathy Kelleher: dandckelleher@cox.net

General Federation of Women's Clubs 

Woman's Club of Fairfax

Our first meeting will be September 6, after a summer hiatus. Upcoming activities will be promoting the Greater Federation of Woman's Club's theme for the next two years, "Dare to Dream of No Hunger." We have already worked towards that goal by participating in a food drive with a local Fairfax City elementary school and sponsoring a dinner at the Katherine Hanley Family Shelter. We will be active in more such events in the future.

As most of you know, our President, Diane Tuininga, was honored as our nominee for Volunteer of the Year at the Inter-Service Club Council August program. We are very proud of Diane's hard work on behalf of our Club and community.

For the first time in many years, the Woman's Club took part in Fairfax City's 50th Anniversary Independence Day Parade. Our entry was a decorated car proclaiming the theme, "Your Vote Counts." Several members, dressed in various women's fashions through the years, rode in the car and marched along beside it. We were honored to have a representative from the Turning Point Suffragist Memorial Association, wearing a period dress from the suffragist era, march with us. We were very pleased to receive an "Honorable Mention" in the float division.

We are continuing our tradition of selling Christmas ornaments depicting historic Fairfax City buildings at the upcoming Fall Festival. This year's ornament will be of the Moore House, at the corner of Chain Bridge Road and North Street.

Suzanne Grimsley:
suzanne.grimsley@yahoo.com



The Zonta Club Fairfax will present scholarships to three young women at its scheduled September meeting on Saturday, September 10th. Two winners are graduate students at George Mason University, who will each receive \$1500. Scholarships and one is from Northern Virginia Community College and will receive a \$1000. Scholarship. We always look forward to hearing from these winners! Four of our members attended the International Convention at the beginning of July in Nice, France where new International officers were elected, new service projects selected, bylaws updated, and 2014-2016 achievements reviewed. Three members of our club were also appointed to International committees for the 2016-2018 biennium. Over the summer, the club continued its fund-raising activities at Celebrate Fairfax in June, Rock the Block in July, and the Lorton Arts Beer Fest in August. The club also held

its annual retreat to plan its activities for the year in August. Upcoming events include the District Governor's Fall conference and parking cars at the Fairfax KidsFest.

Barbara Lippa: barbaralippa@verizon.net