



Inter-Service Club Council of the City of Fairfax iscc-fairfaxva.org

Volume 41, Number 5

3 February 2016

Next Meeting:

Wednesday, March 2, 2016
12:00 PM
Red Lobster Restaurant, Fairfax

ISCC Minutes 6 January 2016

President Larson called the meeting to order at 12:01 PM. Eighteen individuals representing 18 organizations were present. Karen Rindal and Frances Hollins were guests. President Larson gave the invocation and all recited the Pledge of Allegiance.

Thought for the Day

"Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you."

Carl Sandburg

OFFICER REPORTS

The minutes of the December 2, 2015 meeting were approved as read.

Vice President Jones had nothing to report.

Treasurer Lauther reported a balance of \$1,171.05 as of 30 November. She also reported that the Red Lobster price increase impacted only one of our choices – the trout entry.

President Larson deferred to business.

OLD BUSINESS

Roster Update - Kathy Hoffman asked everyone to check the roster, particularly the e-mail addresses.

Mitzi Taylor indicated that the Web Site updates are going well.

NEW BUSINESS

Sign Board updates are necessary, particularly the old one at Main Street (236) and Picket. President Larson will work with the City on the issue.

President Larson is also looking at potential speakers for the spring.

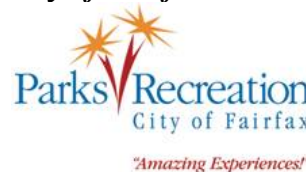
LAST MINUTE THOUGHT & ADJOURNMENT

"The best index of a person's character is how he treats people who can't do him any good, and how he treats people who can't fight back."

Abigail Van Buren

The meeting was adjourned at 12:58 PM.

City of Fairfax



Craft Show Applications – The applications for the upcoming craft shows have gone out and are starting to come in. If your organization is interested in participating in the 2016 Fall Festival in October, please let me know and I will get an application to you.

Parade Applications- the Independence Day Celebration Parade Applications have gone out and are trickling in – if your organization plans on participating, get your application in as soon as possible.

Volunteers Needed for Special Events

The City of Fairfax is looking for volunteers that would be interested in working a variety

of special events in the city to include the 4th of July Parade, Fall Festival, Holiday Craft Show and Festival of Lights and Carols. A small time commitment (2 or more hours) is requested to help with administration duties prior to an event and working the actual event (activity leader, balloon handler, etc.) There are many fun jobs to be had. Please contact Katie MacCammon at 703-385-7949 or katherine.maccammon@fairfaxva.gov for more information.

Mitzi Taylor: mitzi.taylor@fairfaxva.gov,

Chocolate Lovers Festival Committee

(CLFC) – another year of planning is coming to a close as we celebrate the 24th Chocolate Lovers Festival on February 6 & 7. With new vendors at the Taste of Chocolate, exciting silent auction items and magnificent cakes and sculptures to be judged and for the first time a cake walk to be held in Old Town Square on Sunday ... chocolate is in the air! Valentines, a 5x7 matted picture of Picco's Pizza, are still available and can be purchased from the City of Fairfax Parks & Recreation office through 11:00 am on Friday – February 5. By purchasing one of these collectibles for \$5.00 (and drawn by Jackie Liedl) you will have a coupon that is good to redeem for five (5) pogs to purchase chocolate delicacies at the Taste of Chocolate at Old Town Hall. Don't forget to stop by Twin's Ace Hardware where they will be constructing a cupcake on Sunday for a minimum donation of \$1 with all proceeds going to the National Children's Medical Center. Stop by the City of Fairfax Regional Library on Saturday and Sunday to check out two of the grant recipient exhibits --- Pets Bring Joy (they will accepting canned cat food and PetSmart gift cards) and the Fairfax Lions Club giving free eye exams and well as accepting used eyeglasses and hearing aids. At the Old Town Square parking lot (next to Old Town Hall) stop by on Saturday and check out City of Police vehicles and on Sunday "Meet the Chief" – the City of Fairfax Police Cops & Kids and Kids Safety Saturday Programs are the third grant recipient in 2016.

This delicious annual festival features two days of chocolate celebration. This is a

community favorite and features the Chocolate Challenge, an arts extravaganza where the medium is chocolate. The festival is a great Valentine's Day event with chocolate vendors offering samples and selling their products at the Taste of Chocolate. Other activities include the Kiwanis Pancake Breakfast, Harley Eye Candy Photos, open house at historic buildings, children's activities and more. Some events require a small fee while other events are free to all visitors. The schedule is subject to change. Please visit www.chocolatefestival.net for a current schedule of activities and applications or call 703-385-7858 for more information.

Chocolate Highlights

Taste of Chocolate

*Old Town Hall, 3999 University Drive
Saturday 10am – 5pm, Sunday 12noon – 4pm*

Surround yourself with hundreds of the finest chocolate sensations area confectioners have to offer. Goodies to sample include cakes, candies, brownies, fudge, ice cream and other delicious concoctions. Admission is free. Pogs, traded for chocolate merchandise, cost \$1 each. Cash and credit cards accepted.

Chocolate Challenge

*GMU Nutrition Kitchen, 3950 University Drive
Saturday 10am-5pm, Sunday 12noon – 4pm*

A gallery of art, cakes and cupcakes made entirely of chocolate created by professionals and amateurs alike. Both judges and visitors will have an opportunity to judge the entries in numerous categories. Donated cakes and other items will be open for silent auction bidding. Admission to the Chocolate Challenge is \$1 per adult. Applications to participate in the Chocolate Challenge are being accepted until January 27, 2015.

Chocolate Lovers Pancake Breakfast

*Fire Station 3, 4081 University Drive
8:00 a.m. - 1:00 p.m.*

Join the Kiwanis Club of Fairfax for their Chocolate Lovers Pancake Breakfast. The menu features pancakes (regular and chocolate chip) and sausage. Coffee, juice and milk also will be served. Cost is \$6 per adult and \$4 for children ages 4-10. Children

age 3 and younger eat for free (with a paying adult).

The Chocolate Caper Mock Trial

Fairfax Court House, 4000 Chain Bridge Road

The Fairfax Bar Association will hold a mock trial based on children's fairy tales to explain the justice system to children and adults.

Chocolate Fun

Chocolate Covered Fairytales – Library

Chocolate Dipped Tales with KayDee

Puppets- Library

Chocolate Cake Walk – Old Town Square

Construct a Cupcake – Twins Ace Hardware

Chocolate and a Movie – Willy Wonka and the Chocolate Factory (PG)

Sherwood Community Center, 3740 Old Lee Highway

Saturday, February 5 from 7 - 9pm

Admission is \$5 per person. All ages welcome. Admission includes one Golden Ticket (provided at movie), popcorn and an ice cream sundae bar during intermission. What will the Golden Ticket bring to the lucky winner? A mini-iPad!! Pre-registration is requested by February 4. A limited amount of walk-ins will be allowed. Register at: City Hall (10455 Armstrong St.), Sherwood Comm. Center or Green Acres Center. (4401 Sideburn Rd.) or on-line at: www.chocolatefestival.net. Click on "Events" & "Chocolate & A Movie".

Independence Day Celebration Committee

(IDCC) – Plans for the 50th parade are well underway – new for 2016 is an incentive for float entries. The theme has been chosen, the logo has been chosen and, new this year, the IDCC will be selling the commemorative t-shirt in three colors – red, white, or blue. Dates and locations of shirts being sold will be announced at a later date. A fundraiser will be held for the IDCC at Coyote Grille all day March 13 – 17, 15% of all food sales will be donated to the IDCC ... More to come about this event. Visit the website, <http://www.fairfaxva.gov/about-us/special-events/independence-day-celebration>, to find out more about the upcoming July 4th celebration. IDCC's annual yard sale will be held at Green Acres on April 9 with all donated items being collected the afternoon

of April 8 – a flyer will be forthcoming to all on this ever-popular event.

Beverly Myers: bmyers@wcsr.com



Civitan Club of Fairfax

Ken Crum, an official from ServiceSource was the speaker at our January Fairfax Civitan dinner/program meeting. ServiceSource is a large and important provider of services for people with disabilities. Ken did a good job updating us about all the work that ServiceSource is doing.

While our scheduled Civitan Board meeting was "snowed out," we will hold a brief Board planning session before our 4 February dinner and program meeting. Students that our Club sponsored for a weekend in December Leaders in Freedom Conference will share with us at that dinner meeting about their experiences at the Conference. Since they and their parents are the dinner guests of our Club, we moved our meeting location to the new ServiceSource Disability Resource Center in Oakton to accommodate the size of our gathering. ServiceSource will cater the affair.

At our March dinner meeting, our speaker will be from Shelter House/NOVACO, and he will talk with us about the work of that organization dealing with homeless families and women and children escaping domestic abuse.

David Hartmann: chartmann@cox.net

Downtown Fairfax Coalition

Be sure to attend the Chocolate Lovers Festival this weekend and shop downtown Fairfax City.

Jim Wyckoff, Jr.: jcwycloffjr@aol.com



FAIRFAX FERNS GARDEN CLUB

The Fairfax Ferns will kick off 2016 at their meeting on February 8 held at the Fairfax City Regional Library. The meeting begins with Coffee and Conversation at 6:30PM and the program begins at 7PM.

Have you always wanted to learn the art of flower arranging? The program this month is designing a "Multi-Rhythmic Design". Designers will be M"Ellen Alden and Sandi Piccirillo; both expert designers.

In December each member received a plant: "Tillandsia" which is the plant they will be growing for this year's Horticulture Project. Tillandsias are a bromeliad (air plant). The plants will be judged in the Spring and the "Best" will be awarded the Club's Horticultural Trophy.

Hildie Carney: hildcarn31@aol.com

President: Karen Rindal
ariintl@att.net



Fairfax VA Harley Owners Group

We have been busy getting organized, planning activities for the year and putting on a number of training events. Since our last meeting, our Chapter gathered for a fun filled Holiday Party at the Fairfax American Legion Hall. A great time was had by all. On February 6th, a few Chapter members will offer some "Harley Eye Candy" to the Chocolate Lovers Festival with a Bike Show & Tell at City of Fairfax Regional Library.

Our plans for 2016 are ambitious in terms of meeting our mission of having fun riding, riding safely and giving some back to the community along the way. In February, we will be kicking off our annual MDA campaign.

Also, on February 13th, Chapter members will be giving the "Gift of Life" at INOVA Blood Center. As the year progresses, the Chapter will be active with our traditional charitable activities on behalf of the LAMB Center, FACETS and the Salvation Army. We are also sure there will be a few others along the way including Adopt-a-Spots in the City of Fairfax and Operation Atlas events at Bethesda Army – Navy and/or Fort Belvoir USO Warrior Centers.

Our Chapter will proudly be hosting the 18th Annual Ride of the Patriots on Sunday, May 29th. The format will be the same as previous years including a parade, opening ceremonies and a motorcycle procession to join Rolling Thunder at the Pentagon to recognize all those in uniform who have given life and limb in defense of our liberty and way of life. Last year well over 4,500 bikes came to Fairfax to join our ride and we look forward to a safe and memorable event in 2016 as well. It has become a community Memorial Day weekend event with many more residents and guests coming out to honor our military heroes. We will be participating in the City of Fairfax Independence Day Parade and will be conducting several Motorcycle "Show & Tell" Programs at County libraries and other venues throughout the summer.

We look forward to working with the City and ISCC civic organizations in 2016 to make our community a better place for all of us.

The Fairfax Harley Owners Group is a diverse and energetic force of over 650 members. The Chapter publishes a monthly newsletter and maintains its own web page at www.fairfaxhog.com

Larry Larson: larry.d.larson@verizon.net



**Fairfax City
Regional Library**

**10360 North Street
Fairfax, VA 22030**
703-293-6227 | TTY: 711
Sun.: 1 p.m. - 5 p.m.
Mon. - Thurs.: 10 a.m. - 9 p.m.
Fri.: 10 a.m. - 6 p.m.
Sat.: 10 a.m. - 5 p.m.

Genealogy Help Desk
Bring your family history stumpers to an expert. Make an appointment at the Virginia Room desk or call 703-293-6227, option 6. Adults.

One-on-one English Conversation Practice
Practice speaking English with a volunteer tutor. Call to make an appointment. Adults.

Personalized Internet/Microsoft Office Tutoring
Learn how to use the Web or increase your skills. Call for appointment. Age 13 & up.

Tales to Tails
Need practice reading? Read aloud to a friendly, trained therapy dog. Call for dates and times or register online. Age 6-12. **Mondays, Feb. 1, 8, 22, 29, 11:00**

Tuesdays in February, 2:00
Wednesdays in February, 7:00
Library Tech Help
Get your library-related electronic resources questions answered. Includes help with eBooks and compatible devices. Adults.*

Tuesdays in February, 10:30 & 7:00
Tuesday Morning English

Conversation Group
Practice speaking English with others and improve your skills. Adults.*

Thursday, Feb. 4, 10:30
Preschool Storytime
Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Thursday, Feb. 4, 4:30
American Girl Tea Party
Bring your favorite doll. We will share books and light refreshments. Age 6-12.

Friday, Feb. 5, 2:00
Brain Games at the Library
Have fun and win prizes with our board games and card games that challenge your thinking and build your skills. Age 8-12.

Saturday, Feb. 6, 10:30
Sparkle Faces Face Painting
Celebrate the City of Fairfax Chocolate Lovers' Festival and come enjoy face painting by Sparkle Faces, between 10:30 and 12:30. Cosponsored by Friends of the City of Fairfax Regional Library. All ages.*

Saturday, Feb. 6, 2:00
Kaydee Puppets-Chocolate-Dipped Tales
Celebrate the City of Fairfax Chocolate Lovers' Festival with Kaydee Puppets presenting Chocolate-Dipped Tales. Cosponsored by Friends of the City of Fairfax Regional Library. All ages.*

Saturday, Feb. 6, 3:30
Be Our Valentine!
Enjoy music with Cody & BJ as part of the City of Fairfax Chocolate Lovers' Festival. Cosponsored by Friends of the City of Fairfax Regional Library. All ages.*

Sunday, Feb. 7, 2:00
Chocolate-Covered Fairy Tales
Enjoy storyteller Gary Lloyd as part of the City of Fairfax Chocolate Lovers' Festival. These stories melt in your ears, not in your hands! Cosponsored by the Friends of the City of Fairfax Regional Library. All ages.*

Sunday, Feb. 7, 3:30
Jonathan Austin
Jonathan Austin performs magic and juggling as part of the City of Fairfax Chocolate Lovers' Festival. Cosponsored by the Friends of the City of Fairfax Regional Library. All ages.*

Monday, Feb. 8, 10:30
PJ Library Book Buddies
Enjoy Jewish storybooks from the PJ Library about "tzedakah" (giving to charity) and being kind to those who need assistance. Cosponsored by JCC of Northern Virginia. Age 6 months to 5 years with adult.

Tuesday, Feb. 9, 4:30
What's New in Children's Literature?
Teachers and parents, hear about the latest award-winning books and hot new titles for children and teens. Adults.*

Thursday, Feb. 11, 10:30
Toddler Time
Join us for stories, songs, and activities. Library staff share with children a love for books, and parents learn to cultivate early literacy skills. Age 2-3 with adult.

Tuesday, Feb. 16, 7:30
Evening Book Discussion
Please call the library for this month's selection. Adults.*

Wednesday, Feb. 17, 4:30
Bilingual Storytime
Bilingual Storytime in English and Spanish. Build your child's early

literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Thursday, Feb. 18, 10:30
Mother Goose Storytime
Enjoy stories, songs and fingerplays and lay a foundation of early literacy skills for your baby. Birth to 23 months with adult.

Thursday, Feb. 18, 1:00
Afternoon Reading Group
The Boys in the Boat: Nine Americans and their Epic Quest for Gold at the 1936 Berlin Olympics by Daniel James Brown. Adults.*

Saturday, Feb. 20, 11:00
Author Kathleen Bartoloni-Tuazon
Dr. Kathleen Bartoloni-Tuazon, historian and author of *For Fear of an Elective King: George Washington and the Presidential Title Controversy of 1789*, brings the debate on the presidential title to life in her book talk And slide program. There will be a question and answer period following the lecture. Copies of her book will be available for sale. All ages.

Saturdays, Feb. 20, 27, 2:00
GIVE-Growth and Inspiration through Volunteering and Education
Volunteers from Thomas Jefferson H. S. and Robinson H. S. offer tutoring in math, reading, writing, science, social studies and ESL. School age.*

Saturday, Feb. 20, 2:30
Microsoft Access
Introduction to creating, modifying and mastering your own databases using Microsoft Access. Age 13 & up.

Wednesday, Feb. 24, 4:30
Make and Take
Reuse materials and craft supplies to make your own unique masterpiece. Age 6-12.

Thursday, Feb. 25, 10:30

Tooth Fairy Talk

Celebrate Children's Dental Health Month with stories and activities teaching about tooth care. Age 3-5 with adult.

Saturday, Feb. 27, 10:30

Family Math Games

Come as a family to try our games! Build your children's math and logic skills while having fun. Games for all levels with tips for parents to use at home. All ages.

Monday, Feb. 29, 10:15 & 11:15

Music and Movin' with Miss Susan

Join Miss Susan for singing and moving to music with your little ones. Cosponsored by Friends of the City of Fairfax Regional Library. Age 6 months-5 years with adult

Kathryn Hoffman

Kathryn.Hoffman@FairfaxCounty.gov



Friends of Fairfax Station

Sunday, February 7

Museum Open (1:00 - 4:00 p.m.)

Sunday, February 14

T-Trak Model Train Display (1:00 - 4:00 p.m.)

Sunday, February 21

N-Trak Model Train Display (1:00 - 4:00 p.m.)

Sunday, February 28

Museum Open (1:00 - 4:00 p.m.)

Pete Conklin: conklinps@aol.com



The February meeting of the HFCI Board will be held on February 10, at the Blenheim Civil War Center at 7PM. All are welcome to attend.

Our HFCI membership drive is on!

Become a member for only \$25 a year and receive discounts on purchases at the Museums, the quartley newsletter "Fare Fax" and other benifits.

Are you interested in being a volunteer or docent for historic sites? Call 703 385 8415 and find out more about it.

Would you like to be remembered forever as a citizen of Fairfax? Buy a brick with your name on it for \$100. The bricks are placed in front of the Fairfax Museum.

Programs at the Fairfax Museum and Blenheim:

MUSEUM: Programs are at 2PM every other Sunday
Fairfax Museum and Visitor Center 10209 Main Street, 703 385 8414

Sunday, February 14 – Fairfax Museum and Visitor Center

"Vietnam Combat Art"

Discussion of the U.S. Army's collection of professional works of art depicting the American soldier experience in the Vietnam War with Sarah Forgey, Curator of the U.S. Army Art Collection at the Center for Military History. Gallery tour will follow the talk.

BLENHEIM CIVIL WAR INTERPRETIVE CENTER, 2PM
3610 Old Lee Highway

Saturday, February 27-Historic Blenheim

“Behind the Scenes’ with Elizabeth Keckley”--Lillian Garland will portray Elizabeth Keckley a former slave turned professional dressmaker and confidante of Mary Todd Lincoln.

Saturday, March 19- Historic Blenheim – “The Peace That Almost Was”—Book talk and signing with author Mark Tooley **on the 1861 Washington Peace Conference, the bipartisan, last-ditch effort to prevent the Civil War.**

2016 Traveling Exhibitions

“Vietnam Combat Art,” an exhibition of 39 works of art by both military and civilian artists. through February 15, Gano Gallery, Fairfax Museum and Visitor Center.

“Civil War Journey: The Maps and Sketches of Private Robert Sneden,”

Opening February 13, The Civil War Interpretive Center at Historic Blenheim.

Special Event – Chocolate Lovers Festival – Saturday and Sunday, February 6 and 7

Fairfax Museum and Visitor Center: Open 9 am. – 5 p.m., Saturday and Sunday.
Historic Blenheim: Open 10 a.m. – 3 p.m., Saturday only.

Ratcliffe-Allison House, 10386 Main Street: Open 12 – 4 p.m., Saturday and Sunday.

SAVE THE DATE: FAIRFAX CIVIL WAR DAY – SATURDAY, APRIL 30, 10 A.M. – 5 P.M. Historic Blenheim, 3610 Old Lee Highway, Fairfax

Hildie Carney: hildcarn31@aol.com



**Kiwanis Club
of Fairfax**

We only have the pancake breakfast for the month.

Mariann Gabor: mgabor@earthlink.net



**Knights of Columbus
Father Diamond Council 6292**

The Council holds business meetings are on the 2nd and 4th Tuesday’s of the month at 8 PM in Providence Hall. Web site: WWW.6292.kofc.com.

The Council supported the March for Life in DC on 22 Jan. 20 knights and there spouses collected money at the March to help defray the cost.

February Activities:

Feb 7 – Hold Scout Breakfast at St Leo’s School Gym.

Feb 8 – Bingo at Fairfax Nursing Home

Feb 12 – Support Lenten Soup Suppers at St Leo’s. Suppers will be held weekly thru Friday Mar 18.

Feb 16 – Grey Ghost Luncheon

Feb 21 – Family Breakfast at Providence Hall at St Leo’s.

Albert Leightley: Leightley8@verizon.net



**Lions Clubs
International**

January 2016:

Jan 21: Bill Trent, former Fairfax Lions’ representative to the ISCC, was buried with full honors at Arlington National Cemetery at 1PM. It was a cold day on top of a hill with a beautiful and commanding view of the Pentagon and Washington, D.C. Fairfax Lions were well represented.

Jan 31: Bland Music Contest at Fairfax Old City Hall. Fairfax Lions hosted its annual Bland Music Contest (open to the public) on Sunday afternoon. The competition featured and promoted music performance excellence by area middle and high school students. First prize in the vocalist category was awarded by the judges to Jillian Tate, a soprano who sang "Ällerseelen" by Strass. She is a student at Oakton High School. First prize in the instrumental category was awarded to Shine Peng, a pianist who played "Sonata in G Major, Opus 40, 1st Mvt" by Clementi. He is a student at Oakcrest Middle School in McLean. Both received cash rewards. Lions Clubs across the Commonwealth arrange for these competitions each year. Winners go on to compete at the district, regional, and state levels. There are 12 Bland scholarships for Virginia students now totaling \$18,000. The contest honors James A. Bland, who was the composer of the stirring song, "Carry Me Back to Ole Virginny," adopted by the General Assembly of Virginia as the Virginia State Anthem in 1940.

Continued collection, delivery, and processing of donated glasses and hearing aids. Fairfax Lions participate in this effort twice a month at the Northern Virginia Lions Eyeglass Recycling Center in Arlington. The glasses and hearing aids are donated to the poor locally, in several parts of Virginia, and around the world. They are frequently part of Medical Mission trips. _

Continued "Bingo Night" at Fairfax Nursing Center, a nursing & rehabilitation center. Fairfax Lions lead the twice monthly event and provide friendly and caring assistance to those who have difficulty playing. _

Continued a Fairfax Lions voucher program to provide free eyeglasses for needy people in the Fairfax Lions service area who are referred to us by the County. We also provide this service for New Beginning clients who are in the Fairfax County Substance Abuse Program as well as individuals in the County Juvenile Detention Program.

Continued an ongoing Fairfax Lions Vehicle Donation Program, another source of funds for charities we support in Fairfax.

February 2016:

Feb 6 & 7: Manning a table at the Fairfax City Chocolate Lovers Festival. Fairfax Lions will use this event to showcase who we are, how we serve, and what we do in Fairfax City. It will also be used to recruit new members and conduct free vision screenings. All of our continuing service events.

Martin Lockart: lock7-mar2@cox.net



Optimist Club of Central Fairfax

Completed the following activities during January: We had our Board of Directors meeting on the 12th, but our Cub Pack's Pinewood Derby scheduled for the 23rd had to be postponed until February 6th due to a snow storm. The Communication Contest for the Deaf and Hard of Hearing scheduled for the 27th was also postponed to February 3rd.

In February, we will hold our Communications Contest for the Deaf and Hard of Hearing on the 3rd, will assist our Cub Pack with their Pinewood Derby on the 6th, and have our regular dinner meeting on the 23rd.

Art Jones: artiones@mris.com



Parents & Associates, NVTC

Elaine & Ed Senft: esenft@comcast.net



[1.] Fairfax Rotary Club President Richard Schroeder joins 100 U. S. Rotarians for ten days in Guatemala as part of the on going international Guatemalan Literacy Project that is sanctioned and supported by the local government. The group annually makes two trips to the Central American country that has a high illiteracy rate.

[2.] See all of the year-round activities and events of **Fairfax Rotary on Facebook** and at <http://www.fairfaxrotary.org/> .

Irby Hollans, Jr: ihollans@earthlink.net



Salvation Army

Women's Auxiliary

The Fairfax Salvation Army Auxiliary is busy planning for the 36th Annual Fashion Show Luncheon to be held April 15, 2016 at the Waterford Fair Oaks with fashions by Lord and Taylor. Tickets are \$50.00. The Auxiliary is soliciting Silent Auction items, new and with a value of at least \$25.00. Please contact Connie Lauther at 703-909-8423 for ticket information and if you have something to donate to the Silent Auction. The event is the Auxiliary's chief fund raiser for the Fairfax Corps for 2016.

Connie Lauther: lauthers2relo4u@cox.net



ServiceSource
A LEADING RESOURCE FOR PEOPLE WITH DISABILITIES

Maureen Andretta:
Maureen.andretta@servicesource.org



Joe Meyer: joe.meyer@shelterhouse.org



Shepherd Center Fairfax Burke (SCFB)

Shepherd Center Fairfax Burke (SCFB)

SCFB is dedicated to helping older adults continue to live independently, and to providing enrichment and social networking opportunities that keep life exciting and rewarding for them. Programs include Accompanied Medical Transportation and Companion Shopping (for older people who are no longer able to drive), Friendly Callers/Visitors (for people who are mostly homebound), Caregivers Support Groups (for those who have loved ones with dementia), low-cost exercise classes (to promote strength, balance and flexibility), and Lunch N' Life, Adventures in Learning, and Wednesday at the Movies which all provide mental stimulation and socialization opportunities.

SCFB significant future activities, for more information on the below activities see our web site www.scfbva.org:

As we begin our 10th Anniversary year of the Shepherd's Center of Fairfax-Burke, we wish to thank everyone who has participated in our activities and spread the word to others about our programs and services. We also want to thank all those who have volunteered to help make the programs work. We are volunteers of 50+ years and we use our

expertise to help others 50+ in today's world.

**PROGRAMS:
LUNCH N' LIFE**

Are You 50 or Better? Please join us for the next *Lunch N' Life* sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, **March 17, 2016** (12:00-2:00 p.m.) at **Jubilee Christian Church, 4650 Shirley Gate Road, Fairfax**. The guest speaker will be Fairfax County Supervisor, **Mr. John Cook**. For reservations, call Faye Quesenbery at 703-620-0161, **by March 11th**. The cost is \$10.00; checks payable to SCFB. If transportation is needed, call the SCFB office (703) 323-4788. See www.scfbva.org for more information. If you paid for January's LNL, which was cancelled due to snow, please call to confirm your reservation for March. See *Attached Flyer*: http://www.scfbva.org/files/lnl_flyer_march_pdf2016.pdf

ADVENTURES IN LEARNING - Spring 2016

When: Every Monday for 6 weeks, **April 4, 2016 – May 9, 2016** (8:30 AM – 2:45 PM)
What: Monday sessions start with gentle exercise, followed by speakers on topics such as health, history, community, personal development, finance, and more. Afternoon breakouts are book club, bridge, and canasta. *Bring a brown bag lunch*.
Where: Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax, VA 22032. Social Hall located in the back of the church.
Cost: \$30 for 6 weeks (Mondays)
Register: Call the office at 703-426-2824, or go to our website and print the registration form and class schedule: www.scfbva.org.

DEMENTIA CARE GIVERS SUPPORT GROUP sponsored by the Shepherd's Center of Fairfax-Burke will be on *February 9th (2nd Tuesday) at Noon - 1:30 pm* at the Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The group is for those caring for someone with dementia or interested in learning more about providing care giving to a person with a disorder that affects memory and cognition and may impact behavior and physical abilities. *Before attending, contact the facilitator*, Eileen Thompson at 703-451-8626 or Eileen.thompson1@gmail.com. See *Attached Flyer*: http://www.scfbva.org/files/scfb_caregiver_support_group_flyer_7_2015.docx

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INTERNATIONAL TRAVEL Through this recently added program, SCFB offers overseas travel opportunities for interested individuals. Overseas trips are scheduled annually and are arranged through a well regarded travel agency. Information on the destination and logistics of the annual trip will be provided through the SCFB website, newsletter, and regular communications. Currently a trip entitled, **The Best of France**, for 12 days from **Oct 13 - 24, 2016** visiting Nice, Note Carlo, Lyon, Chateaux Country, Mont St. Michel, Normandy and Paris hosted by Pastor Ron and Sandi Qualley is endorsed by the Shepherd's Center of Fairfax-Burke. The cost will be \$3,799 per person from Washington, D.C. under the auspices of Nawas International Travel. Please Contact Ron Qualley if interested at RGQ1@aol.com. The application and information will be available soon on the SCFB website.

Albert Leightley: Leightley8@verizon.net



**Soroptimist
International of Fairfax County**

We are pleased to have selected our Violet Richardson (female teen volunteer) and Living Your Dream (female head of household) grant recipients. Awards will be presented in April.

We are gearing up for a member recruitment drive in March.

Cathy Kelleher: dandckelleher@cox.net

The Woman's Club of Fairfax celebrates its 60th anniversary this year. Fairfax City Council is acknowledging our anniversary with a Proclamation at an upcoming Council Meeting. It was to be presented at the January Council Meeting which was cancelled due to the blizzard. Our club is also planning a reception to be held at Blenheim sometime in April to celebrate the event. Further information will be forthcoming as plans are confirmed.

The Woman's Club of Fairfax is proud to support the Turning Point Suffragists Memorial and will be identified on the memorial wall to be established at the Occoquan Regional Park.

We will be hosting visitors at the Ford House this Saturday, February 6, as part of the Chocolate Festival. As you probably know, our club maintains the historic exhibit at the Ford House year around.

The Club's upcoming luncheon and fashion show will be held in May. The event is a fundraiser for our scholarship program open to local seniors who are planning to attend a Virginia college. The show is held at the Sherwood Community Center and is honored to be collaborating with the Spotlight on the Arts. In addition to fashions from a local store being modeled by Club members, it will also feature original fashion designs from high school students.

I am proud to add that our club members in 2015 volunteered close to 400 hours of their time to various causes to help the community and we look forward to reaching and exceeding that amount in 2016.

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At our January meeting, members heard from two wonderful young women who have won Zonta scholarships. Elaine Petro, a 2015 Zonta International Amelia Earhart Fellowship winner of \$10,000., is working in the Aerospace Engineering Department at the University of Maryland on a NASA project. At that same meeting, our Club presented Hamdi Abdi, a George Mason University (GMU) graduate student, with a \$1500.graduate scholarship to continue her studies at GMU. We also had the pleasure of welcoming three guests who are considering joining our local club.

The Club continued its ongoing monthly food pantry support for the Fairfax County Domestic Violence Action Center (DVAC), filling their needs as determined by the staff. The food pantry provides emergency supplies for clients of the DVAC.

The next regular Zonta meeting will be held on Saturday, February 6th from 10-11:30 am at the Calvary Baptist Church in Annandale, 9301 Little River Turnpike. Our guest speaker will be Jene'e Linder, President of Friends of the Historic Fairfax Courthouse. As always, the meeting is open to all interested parties.

For more information about **Zonta**, contact:
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