



Inter-Service Club Council of the City of Fairfax iscc-fairfaxva.org

Volume 41, Number 6

2 March 2016

Next Meeting:

Wednesday, April 6, 2016
12:00 PM
Red Lobster Restaurant, Fairfax

The meeting was adjourned at 1:05 PM
Last Minute Thought:

“Time waits for no one. Treasure every moment you have.

You will treasure it even more when you can share it with someone special.

To realize the value of a friend, family member or loved one. LOSE ONE.”

ISCC Minutes 3 February 2016

President Larson called the meeting to order at 12:00 PM. Nineteen organizations were represented by 20 individuals. There were two guests, Ann Chase, Director of the Senior Center, and Frances Hollings. President Larson gave the invocation and all recited the Pledge of Allegiance.

Thought for the Day

“Time is like a river. You cannot touch the water twice, because the flow that has passed will never pass again.”

Franklin Graham

OFFICER REPORTS

Minutes of the January 6 meeting were approved as read.

Vice president- Art Jones had nothing to report

Treasurer- Connie Lauther reported a December 31 balance of \$1,171.05.

President- Larry Larson deferred to business.

OLD BUSINESS

Roster Update Status; Kathy Hoffman – no updates

Update on Club Visit Program; Pete Conklin
Web Site Update; Mitzi Taylor – going well
Bill Trent interment at Arlington – Pete Conklin reported on the moving ceremony.
ISCC Manassas Annual Banquet – President Larson and Pete Conklin attended. This is their Volunteer of the Year event. ISCC Fairfax was recognized as enabling their organization.

NEW BUSINESS

2016 Volunteer of the Year Event will be 3 August. Sherwood Center has been tentatively reserved.

City of Fairfax



“Amazing Experiences!”



Under the Stars Egg Quest

Friday, March 18, 7pm – hunt begins at dark
Providence Park, 10715 West Drive
Enjoy a family evening searching for eggs and prizes in the dark! Please bring a flashlight and a basket so you can find and collect eggs. Jump like a bunny in the moon bounce and visit the Easter Bunny beginning at 7pm. Fee: \$5 per child (pre-registration required)

Combine Properties Egg Hunt – FREE!

Saturday, March 26, 10am
Van Dyck Park, 3720 Old Lee Highway
Join us for fun and free activities from 10-12noon provided by Combined Properties and City of Fairfax Parks and Recreation Department.

City of Fairfax Fishing Derby

Saturday, April 9, 9:30am
Ashby Pond Conservatory, 9817 Ashby Road
Ashby Pond will be well stocked with hundreds of trout. Please bring a fishing rod, bucket, plastic bag and ice. A limited quantity of fishing rods will be available on site to borrow. Bait will be supplied. Volunteers will provide instruction, pond education and fish cleaning demonstrations.

Derby-Q

Saturday, May 7, 2-7pm
 Old Town Square
 This community festival will feature specialty beer and whiskey tastings along with a variety of BBQ vendors. Moonshine Society and Clarence Turner will be performing blues on stage while the crowd anxiously awaits the Greatest Two Minutes in Sports – the Kentucky Derby, shown on a big screen. More details and costs are available online at www.fairfaxva.gov/DerbyQ.

Volunteers Needed for Special Events

The City of Fairfax is looking for volunteers that would be interested in working a variety of special events in the city to include the Derby Q, 4th of July Parade, Fall Festival, Holiday Craft Show and Festival of Lights and Carols. A small time commitment (2 or more hours) is requested to help with administration duties prior to an event and working the actual event (activity leader, balloon handler, etc.) There are many fun jobs to be had. Please contact Katie MacCammon at 703-385-1710 or katherine.maccammon@fairfaxva.gov for more information.

Mitzi Taylor mitzi.taylor@fairfaxva.gov;
Katie MacCammon
katherine.maccammon@fairfaxva.gov

Mitzi Taylor: mitzi.taylor@fairfaxva.gov,

Chocolate Lovers Festival Committee (CLFC) –

Independence Day Celebration Committee (IDCC)

Beverly Myers: bmyers@wcsr.com



Civitan Club of Fairfax

Our 3 March monthly dinner/program meeting will be held at the ServiceSource Disability Resource Center in Oakton. We are switching the venue because we have “outgrown” the available room at the Red

Lobster Restaurant where we have met for some years. Our speaker at the March meeting is Ms. Dani Colon, the Director of Domestic Violence Services at Shelter House, Inc. Fairfax Civitans for several years has been associated with NOVACO, which is now a part of Shelter House.

This is a relatively quiet time of year. Still, Fairfax Civitans recently sponsored a candidate for a District scholarship; participated in a “bowl-a-thon” supporting a Langley group home organization; supported another bowl-a-thon to raise funds to support the “March of Dimes; found a jazz combo to entertain at a Civitan party planned soon at a low income senior housing complex; and prepared for fund raising projects, such as the Arlington first Saturday of the month huge garage sale.

David Hartmann: chartmann@cox.net

Downtown Fairfax Coalition

Jim Wyckoff, Jr.: jcwyckoffjr@aol.com



FAIRFAX FERNS GARDEN CLUB

Our March meeting is on March 14 at the City Library.

Hildie Carney: hildcarn31@aol.com
 President: Karen Rindal
ariintl@att.net



Fairfax VA Harley Owners Group

As you might guess, we have not been doing much riding the last month due to some very

snowy weather. As a result, we are eagerly anticipating the “official” opening ride, an annual favorite, the No Blarney Ride on March 12th. We are eagerly looking forward to a busy 2016 riding season and the activities promoting the enjoyment of motorcycling, safe riding and community involvement.

On Saturday, February 13th the Chapter sponsored our annual Have-A-Heart Blood Drive at INOVA-Woodburn. These gifts are precious and critical to those requiring surgery, accident victims and newborns.

Ten Harleys gathered at Fairfax Library on February 6th for a Harley Eye Candy Bike Show & Tell in support of the Chocolate Lovers Festival to help charitable causes in the community and promote Downtown Fairfax. A lot of smiles were generated on a sunny and relatively comfortable day. Great fun for all.

On February 20th, Chapter members presented a Chili Challenge at the Walter Reed Bethesda USO Warrior Center for the wounded warriors and their families. We all enjoyed great food and shared time with some great Americans.

Our first major charity event of 2016 for the Chapter is the “Ride for Life” which is a national fundraising event organized by Harley Davidson Dealers and the Harley Owners Group in support of Muscular Dystrophy Association (MDA). This event starts at the grassroots with thousands of Harley riders taking an active part. During the months of March and April, Fairfax Chapter members will be contacting friends, co workers, family and neighbors to invite them to join us in the fight to conquer MD.

The Chapter will be supporting Patriot H-D on April 2nd to clean up their Adopted Spot of Lee Highway from Patriot H-D, West to the Fire Station and also in front of City Hall on Armstrong Street. We are joining many other groups and citizens of Fairfax City to spruce up the community we all take pride in.

Work is well underway on our 18^h annual “Ride of the Patriots” event on Sunday, May 29th. We believe it is important to honor and remember all those in uniform who have

given their lives or are missing in action while protecting our liberty. This event includes a Community Parade and Opening Ceremonies that attracts local leaders, neighbors and veterans. Each year we are overwhelmed by the large numbers of residents who come to share in what has become a terrific Community event. Everyone is invited to honor those who serve so unselfishly. Stay tuned for more details.

The Fairfax Harley Owners Group is a diverse and energetic force of over 600 members. The Chapter publishes a monthly newsletter and maintains its own web page, www.fairfaxhog.com

Larry Larson: larry.d.larson@verizon.net



Fairfax City Regional Library

10360 North Street

Fairfax, VA 22030

703-293-6227 | TTY: 711

Sun.: 1 p.m. - 5 p.m.

Mon. - Thurs.: 10 a.m. - 9 p.m.

Fri.: 10 a.m. - 6 p.m.

Sat.: 10 a.m. - 5 p.m.

Genealogy Help Desk Bring your family history stumpers to an expert. Make an appointment at the Virginia Room desk or call 703293-6227, option 6. Adults.*

One-on-one English Conversation Practice. Practice speaking English with a volunteer tutor. Call to make an appointment. Adults. Personalized Internet/Microsoft Office Tutoring Learn how to use the Web or increase your skills. Call for appointment. Age 13 & up.

Tales to Tails Need practice reading? Read aloud to a friendly, trained therapy dog. Call for dates and times or register online. Age 6-12.

Tuesdays in March, 10:30 Tuesday Morning English Conversation Group Practice speaking English with others and improve your skills. Adults.*

Mondays in March, 11:00 Tuesdays in March, 2:00 Wednesdays in March, 7:00 Library Tech Help Get your library-related electronic resources questions answered. Includes help with eBooks and compatible devices. Adults.*

Tuesdays in March, 7:00 Tuesday Evening English Conversation Group Practice speaking English with others and improve your skills. Adults.*

Wednesday, March 2, 4:00 Seussathon Celebrate Dr. Seuss's birthday with us! We'll be reading Dr. Seuss books in the children's area all day long, with special birthday events in the meeting room from 4:00 to 5:00. Sign up for a time to read, or simply come listen. All participation is welcome! All ages.*

Saturday, March 5, 11:30 Walking Washington, D. C. Author Barbara J. Saffir shares hidden gems of Washington D. C. neighborhoods highlighting history, architecture, eateries, art and fun. Copies of her book will be available for sale. All ages.

Saturdays, March 5, 12, 19, 2:00 GIVE GIVE- Growth and Inspiration through Volunteering and Education. Volunteers from Thomas Jefferson H. S. and Robinson H. S. offer tutoring in math, reading, writing, science, social studies and ESL. School age.*

Mondays, March 7, 14, 4:30 Crazy 8s Math Club Join Bedtime Math's Crazy 8s, where you'll run and jump and make a mess while learning math concepts. All-new Season 4 mischief-making activities. Cosponsored by Bedtime Math. Grade K-2.

Thursday, March 10, 10:30 Preschool Storytime Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Thursday, March 10, 7:00 Family Movie Night: "Matilda" Did you ever have a teacher you disliked in school? Nothing compares to the mean principal in this 1996 fantasy

comedy. Based on Roald Dahl's book. Snacks included. All ages.*

Saturday, March 12, 11:00 Author Talk: "George Washington's Mulatto Man – Who was Billy Lee?" Author Jim Thompson will talk about tracing the tragic yet fascinating life of Billy Lee, George Washington's personal servant. Copies of his new book will be for sale. All ages.

Monday, March 14 Super Pi Day It's not only 3/14, it's 3/14/16! We're celebrating Pi, which rounds to 3.1416, on this Super Pi Day all day today. Ask at the information desk for a Pi Day scavenger hunt to win a Pi Day prize. All ages.*

Monday, March 14, 10:30 PJ Library Book Buddies Enjoy Jewish storybooks from the PJ Library with Purim holiday stories focusing on overcoming obstacles. Cosponsored by JCC of Northern Virginia. Age 6 months-5 years with adult.

Tuesday, March 15, 7:30 Evening Book Discussion Please call the library for this month's selection. Adults.*

Wednesday, March 16, 4:30 Bilingual Storytime Bilingual Storytime in English and Spanish. Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Thursday, March 17, 10:30 Toddler Time Join us for stories, songs, and activities. Library staff share with children a love for books, and parents learn to cultivate early literacy skills. Age 2-3 with adult.

Thursday, March 17, 1:00 Afternoon Reading Group The Bookman's Tale: A Novel of Obsession by Charles C. Lovett. Adults.*

Saturday, March 19, 10:30 Publicity Basics 101: Getting the Word Out What if you gave an event and nobody came? Learn tools to create effective publicity. For non-profits, artists, writers who want to build audiences. All ages.*

Monday, March 21, 7:00 Book Bingo Book Bingo is back! Come join the fun. Everyone who plays is a winner. Prizes are gently used

books to treasure. We start on time. Age 7-12.

Tuesday, March 22, 2:30 Brain Games at the Library Have fun and win prizes with our board games and card games that challenge your thinking and build your skills. Age 8-12.

Wednesday, March 23, 2:30 Laser Cutting and Etching with TechShop Makers wanted! Join TechShop of DC/Arlington for a hands-on demonstration of a universal laser machine. Cosponsored by Friends of the City of Fairfax Regional Library. Age 12-18.

Thursday, March 24, 10:30 Mother Goose Storytime Come enjoy stories, songs and fingerplays and lay a foundation of early literacy skills for your baby. Birth- 23 months with adult.

Saturday, March 26, 2:00 Family Math Games Come as a family to try our games! Build your children's math and logic skills while having fun. Games for all levels with tips for parents to use at home. All ages.

Monday, March 28, 10:15 & 11:15 Music and Movin' with Miss Susan Join Miss Susan for singing and moving to music with your little ones. Cosponsored by Friends of the City of Fairfax Regional Library. Age 6 months-5 years with adult.

Wednesday, March 30, 4:30 Make and Take Reuse materials and craft supplies to make your own unique masterpiece. Age 6-12.

Kathryn Hoffman
Kathryn.Hoffman@FairfaxCounty.gov



Friends of Fairfax Station

Sunday, March 6
Museum Open (1:00-4:00 p.m.)

Sunday, March 13
Museum Open (1:00-4:00 p.m.)

(Bring Your Own Train (BYOT) Day, originally scheduled for March 13, has been postponed to a future date.)

Sunday, March 20
N-Trak Model Train Display (1:00-4:00 p.m.)

Sunday, March 27
Closed for Easter

Saturday, April 2
Civil War Tour (9:00a.m.-4:00 p.m.)

Sunday, April 3
Hands On Day (1:00-4:00 p.m.)
Join us for the always popular Hands On Day. We will feature train modeling techniques and demonstrations of historical artifacts.

Monday, April 4
Annual Meeting: Friends of the Fairfax Station (7:30-9:00 p.m.)
Members and the general public are encouraged to join us for our annual meeting. After a brief business meeting to approve the 2016 budget and installation of new officers, we will review 2015 highlights and honor volunteers who have made particularly notable contributions to the museum over the last year.

Sunday, April 10
T-Trak Model Train Display (1:00-4:00 p.m.)

Sunday, April 17
N-Trak Model Train Display (1:00-4:00 p.m.)

Wednesday, April 20
Fairfax Station Civil War Forum (7:30-9:00 p.m.)

The unprecedented number of deaths of soldiers in the Civil War resulted in thousands of known and unknown dead being hastily buried in shallow graves on the battlefields. In July 1862, the U.S. Congress authorized President Lincoln to purchase land for the establishment of cemeteries for those who died fighting in behalf of their country, creating fourteen national cemeteries.

Through the years, governments and communities have established cemeteries to

honor both Union and Confederate soldiers. Local historian Mary Lipsey, a member of the Fairfax County Cemetery Preservation Association (FCCPA) and Fairfax Historical Commission, will discuss efforts to preserve these grounds

In addition to our upcoming events, we recently were joined by a new intern from West Springfield High School as part of its Applied History Course. Students take internships at various organizations (for example, Smithsonian, Fairfax Library Virginia Room) during the second semester of the course from February to early June. This is the second year in which we have hosted interns from the program. In addition to assisting during our open hours, the intern is researching various topics such as the history of the Orange and Alexandria RR and the Janney Car Coupling Company. The inputs will be used for our expanded museum guide that will be released at the end of this year.

Also: for area students with an interest in local history, science/technology and making a few dollars for college tuition, we are hosting a high school science fair in May.

The student submitting a project that best represents the themes of the museum will be awarded a Special Achievement Award and a commitment from the museum to make a \$150 payment to his/her college for tuition payments. I will send the complete flyer on that in a few minutes.

Pete Conklin: conklinps@aol.com



Our March meeting is on March 9 at 7PM at Blenheim.

If you are interested in the plans for development of the Paul VI High School (former Fairfax High School), there is a

meeting on March 10 at the Elk's. Developer will discuss the plans for the site.

Hildie Carney: hildcarn31@aol.com



**Kiwanis Club
of Fairfax**

We will be helping with the book sale.

Mariann Gabor: mgabor@earthlink.net



**Knights of Columbus
Father Diamond Council 6292**

The Council holds business meetings are on the 2nd and 4th Tuesday's of the month at 8 PM in Providence Hall. Web site: WWW.6292.kofc.com.

March Activities:

Mar 14 – Bingo at Fairfax Nursing Home

Support Lenten Soup Suppers at St Leo's. Suppers will be held weekly thru Friday Mar 18.

Mar 15 - Grey Gost Luncheon (Retired Knights)

Mar 15 - Council Spouses annual Lenten Soup Supper

Mar 19 – Council St Patrick's Day Dinner

Mar 20– Family Breakfast at Providence Hall at St Leo's.

Mar 26 – Easter Feed the Homeless in DC

Mar 26 – Deliver Easter Food Baskets to the needy

Mar 27 – Easter Egg Hunt at St Leo's the Great

Future Fund Raiser:

Father Diamond Council is sponsoring a Comedy Knight on Saturday May 7th at St Leo's School Parish Gym, 3704 Old Lee Highway. Doors open at 6:30, show 7:30 to 9:30. Show will include two fantastic comedians, refreshments, door prizes, silent auction items, and 50/50 Raffle. Cost \$25 per person. Money goes to local charities and Knights Scholarship Program. For tickets and information contact Greg Hartley at 571-238-6237.

Albert Leightley: Leightley8@verizon.net



**Lions Clubs
International**

February 2016:

Feb 6 & 7: Manned a table at the Fairfax City Chocolate Lovers Festival. Fairfax Lions used this event to showcase who we are, how we serve, and what we do in Fairfax City. It was also used to recruit new members and conduct free vision screenings with lightweight portable equipment. The vision screenings were a big hit. Almost everyone was amazed at the simple and quick process and the accuracy of the results. We screened a total of 103 adults and children. 18% of those screened were referred to an optometrist. Fairfax Lions were selected by the City as one of the grant recipients from the proceeds of the festival. That grant money will go entirely towards our ongoing charitable activities.

Feb 16: A blind Fairfax Lion gave a special presentation at our Feb 16 dinner meeting, which also happened to be "Spouses Night." The presentation provided an excellent overview and demonstration of new technologies that enable vision impaired people to read. He related that one device

has really changed his life by enabling him to "read" (actually listen to) the newspaper while commuting on the Metro. Another interesting device is an iPhone with a special feature that enables voice reading of books (machine reading and not a recorded person) -- much like a Kindle/Nook would allow a sighted person to read a book. Fairfax Lions fundraising activities generate charity funds to be awarded as grants to blind persons to allow them to purchase such technology. Increasingly, we can all "see" better.

Feb 16: Peace Poster contestant, Jasmin Moon, chosen to receive an international merit award. Fairfax Lions hosts a Peace Poster contest each year for local students. Jasmin Moon, a junior high student, won first place. She then advanced to the Lions district and state competitions where she also won first place. Her poster was next considered in the Lions international competition, where one grand prize winner and 23 merit award winners were selected. She received one of the merit awards (worth \$500). The merit award winners were from China, Colombia, Cyprus, England, India, Italy, Japan, Malaysia, Mexico, Mult. District 300 Taiwan, Romania, Spain, and the U.S. The grand prize winner will be recognized and receive a cash award of \$5,000 at the 38th Annual Lions' Day at the United Nations on March 12.

Continued collection, delivery, and processing of donated glasses and hearing aids. Fairfax Lions participate in this effort twice a month at the Northern Virginia Lions Eyeglass Recycling Center in Arlington. The glasses and hearing aids are donated to the poor locally, in several parts of Virginia, and around the world. They are frequently part of Medical Mission trips.

Continued "Bingo Night" at Fairfax Nursing Center, a nursing & rehabilitation center. Fairfax Lions lead the twice monthly event and provide friendly and caring assistance to those who have difficulty playing.

Continued a Fairfax Lions voucher program to provide free eyeglasses for needy people in the Fairfax Lions service area who are referred to us by the County. We also provide this service for New Beginning clients who are in the Fairfax County Substance

Abuse Program as well as individuals in the County Juvenile Detention Program. Continued an ongoing Fairfax Lions Vehicle Donation Program, another source of funds for charities we support in Fairfax. See www.fairfaxlions-cardonations.org/ for details.

March 2016:

Mar 3-5: Planning for another Florida citrus (oranges and grapefruit) sale in the Home Depot parking lot on Old Lee Highway near Fairfax Circle. These Fairfax Lions events, held three times each year, are the largest sources of revenue for Fairfax Lions charitable activities. You can go to our web site at www.fairfaxlions.org and sign up to get email notifications a week or so before each sale. The email notification includes a special \$3 discount for each box of fruit purchased. [The "Guests" at The Lamb Center across the street always look forward to getting fruit donated by Fairfax Lions during these events.]

Mar 9: Bland Youth Music Contest Advancement. The two first prize winners, Jillian Tate and Shine Peng, at the annual Bland Music Contest hosted by Fairfax Lions on January 31 in the Fairfax City Old Town Hall will advance to the Region III contest on March 9. There are 12 Bland scholarships (totaling \$18,000) for Virginia students advancing to and winning the state contest. The contest honors James A. Bland, who was the composer of the stirring song, "Carry Me Back to Ole Virginny," adopted by the General Assembly of Virginia as the Virginia State Anthem in 1940. All of our continuing service events.

Martin Lockart: lock7-mar2@cox.net



Optimist Club of Central Fairfax

Completed the following activities for February: We honored the first, second, and

third place winners in our Essay Contest at our dinner meeting on the 23rd.

The following activities are planned for March: We will have a Trivia Night planning meeting on the 3rd, have the Trivia Night on the 19th, and will have our dinner meeting on the 22nd.

Art Jones: artjones@mris.com



Helping Those with Intellectual Disabilities

Parents & Associates, NVTC

Elaine & Ed Senft: esenft@comcast.net



[1.] Fairfax Rotary Club President Richard Schroeder is among 100 U. S. Rotarians who for ten days are in Guatemala as part of their clubs' on-going international Guatemalan Literacy Project that is sanctioned and supported by the local government. The twenty-year-old task force annually makes two trips to the Central American country that has a high illiteracy rate.

[2.] See all of the year-round activities and events of **Fairfax Rotary on Facebook** and at <http://www.fairfaxrotary.org/>

Irby Hollans, Jr: ihollans@earthlink.net



Salvation Army

Women's Auxiliary

The Salvation Army Auxiliary is preparing for the 36th Annual Fashion Show Luncheon and major fund raiser for the Fairfax Corps. The event will be held 4/15/16 at the Waterford Fair Oaks with fashions by Lord and Taylor. The cost is \$50 of which \$12 is tax deductible. In addition to the lunch and show, there is a silent auction and bric a brac and jewelry sale. Donations for the Silent Auction (items of at least \$25 in value) are still being accepted. Contact Connie Lauther at 703-909-8423 for more information.

The Salvation Army continues to be in need of nonperishable food items for the food pantry – think canned vegetables, fruits and soups, mac and cheese, children's juice cups, canned meats, fish and entrees.

Connie Lauther: lauthers2relo4u@cox.net



On 2/19/16, Larry Larson, President of ISCC, toured our Regional Headquarters in Oakton, VA to learn more about our organization, programs, services provided and meeting space available. It was an extremely beneficial meeting for both parties.

We are excited to announce that have activity begun recruiting for volunteers to assist the ID/DD population that we serve at our six different NOVA sites. Our needs vary and ongoing opportunities fall during our program operating times of Monday to Friday from 9am-4pm. If you know someone who is interested in volunteering their time, please connect them with Maureen Andretta, Director of Volunteers, at 571-299-9457 or at Maureen.andretta@servicesource.org. They

can also check us out at <http://www.servicesource.org/giving/volunteer>

Save the date! On Saturday, June 11th we will be hosting our 2nd Annual Resource Fair from 10am-2pm at our Oakton site and expect 50-75 vendors supporting those with disabilities, Veterans and seniors.

Maureen Andretta:

Maureen.andretta@servicesource.org



Please join us for our annual Changing Lives Benefit Breakfast

held on Tuesday, April 5th from 7:15 to 9 a.m. at the Westwood Country Club

. There is no cost per ticket but we ask that you register to attend.

For more information and to RSVP please visit our website -

www.shelterhouse.org.

We look forward to seeing you on April 5th!

Joe Meyer: joe.meyer@shelterhouse.org



Shepherd Center Fairfax Burke (SCFB)

older adults continue to live independently, and to providing enrichment and social networking opportunities that keep life exciting and rewarding for them. Programs include Accompanied Medical Transportation and Companion Shopping (for older people who are no longer able to drive), Friendly Callers/ Visitors (for people who are mostly

homebound), Caregivers Support Groups (for those who have loved ones with dementia), low-cost exercise classes (to promote strength, balance and flexibility), and Lunch N' Life, Adventures in Learning, and Wednesday at the Movies which all provide mental stimulation and socialization opportunities.

SCFB significant future activities, for more information on the below activities see our web site www.scfbva.org:

As we begin our 10th Anniversary year of the Shepherd's Center of Fairfax-Burke, we wish to thank everyone who has participated in our activities and spread the word to others about our programs and services. We also want to thank all those who have volunteered to help make the programs work. We are volunteers of 50+ years and we use our expertise to help others 50+ in today's world.

PROGRAMS: LUNCH N' LIFE

Are You 50 or Better? Please join us for the next *Lunch N' Life* sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, **March 17, 2016** (12:00-2:00 p.m.) at **Jubilee Christian Church, 4650 Shirley Gate Road, Fairfax**. The guest speaker will be Fairfax County Supervisor, **Mr. John Cook**. For reservations, call Faye Quesenbery at 703-620-0161, **by March 11th**. The cost is \$10.00; checks payable to SCFB. If transportation is needed, call the SCFB office (703) 323-4788. See www.scfbva.org for more information. If you paid for January's LNL, which was cancelled due to snow, please call to confirm your reservation for March. See *Attached Flyer*. http://www.scfbva.org/files/lnl_flyer_march_pdf2016.pdf

ADVENTURES IN LEARNING - Spring 2016

When: Every Monday for 6 weeks, **April 4, 2016 – May 9, 2016** (8:30 AM – 2:45 PM)
What: Monday sessions start with gentle exercise, followed by speakers on topics such as health, history, community, personal development, finance, and more. Afternoon breakouts are book club, bridge, and canasta. *Bring a brown bag lunch.*
Where: Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax, VA 22032. Social

Hall located in the back of the church.

Cost: \$30 for 6 weeks (Mondays)

Register: Call the office at 703-426-2824, or go to our website and print the registration form and class schedule: www.scfbva.org.

VOLUNTEERS NEEDED AS DRIVERS:
Shepherd's Center of Fairfax Burke serves those 50+ and who no longer drive. Volunteer **Drivers** are needed for trips (Monday - Friday) to medical appointments and Companion Shopping within the Fairfax/Burke area. If you can volunteer your time, please contact the SCFB office at 703-323-4788. During December Shepherd Center provided over 150 rides for medical appointments and campaign shopping. SCFB is experiencing a significant demand for services. Drivers are needed.

Albert Leightley: Leightley8@verizon.net



Sorooptimist International of Fairfax County

We are holding a member recruitment event March 16. Our Awards dinner will be April 20, where we will present checks to our Live Your Dream and Violet Richardson award winners.

Cathy Kelleher: dandckelleher@cox.net

General Federation of Women's Clubs **Woman's Club of Fairfax**

This year marks the 60th anniversary of the Woman's Club of Fairfax.. We are proud that at a recent Fairfax City Council meeting, Fairfax City Mayor Silverthorne read a

proclamation honoring the occasion. We are in the process of planning an anniversary celebration to be held at Blenheim, tentatively on the afternoon of Sunday April 17, to which all of you will be invited.

Our members acted as hostesses at the Ford Building open house during the Chocolate Festival. There was a very impressive turnout of visitors; over 150 visitors signed the guest book. We handed out brochures on the history of the Ford Building and had a bowl filled with chocolate candies for guests.

Visitors were very impressed with Antonio Ford's captivating story.

We will be sending out application information to Fairfax and Woodson High School and Robinson Secondary School for the Woman's Club 2016 scholarship.

Students must show financial hardship and plan on attending a Virginia college. The scholarship is for \$2,000, thanks in large part to our big profit from the bake sale at the Fairfax Christmas Craft Show.

Scholarship monies also originate from profit raised at our annual upcoming Fashion Show Luncheon, which will be held on May 9th in collaboration with the Fairfax City Spotlight on the Arts Festival. More information will be forthcoming on that event in the near future.

We have plans to volunteer and donate food for a meal at the Kate Hanley Shelter house in the spring.

Suzanne Grimsley:
suzanne.grimsley@yahoo.com



In February, our members were fascinated by the women's history stories from our speaker, Jene'e Linder, President of Friends of the Historic Fairfax Courthouse. It was quite interesting to hear about historic women with ties to Fairfax County.

The Club continued its ongoing food pantry support for the Fairfax County Domestic Violence Action Center (DVAC), filling their monthly needs. The Zonta Club of Fairfax Food Pantry provides emergency supplies for clients of the DVAC.

The next regular Zonta meeting will be held on Saturday, March 5th from 10-11:30 am at the Calvary Baptist Church in Annandale, 9301 Little River Turnpike. Our guest speaker will be our District 3 Governor, Margo Sheridan, member of the Zonta Club of the Arlington Area. In March we celebrate Zonta Rose Day and, as always, the meeting is open to all interested parties.

For more information about **Zonta**, contact: Barbara Lippa, Membership Chair, at: barbaralippa@verizon.net

Barbara Lippa: barbaralippa@verizon.net