



Inter-Service Club Council of the City of Fairfax

iscc-fairfaxva.org

Volume 42, Number 5

5 April 2017

Next Meeting:

Wednesday, 3 May, 2017
12:00 PM
Red Lobster

ISCC Minutes 1 March 2017

President Conklin called the meeting to order at 12:03 PM. Fifteen individuals representing 16 organizations were present. Joe Livinggood from the Fairfax Harley Group was a guest. President Conklin gave the invocation and all recited the Pledge of Allegiance.

OFFICER REPORTS

Treasurer Lauther reported a balance of \$1,243.05 as of 31 January.

Minutes of the February meeting were approved as read.

Vice President Jones had nothing to report. Immediate Past President Larson had nothing to report.

President Conklin asked members to sign up for rotating leads for the invocation and Pledge of Allegiance, and passed a sign-up sheet.

OLD BUSINESS

The Web Site Committee reported that there are two ways to implement a consolidated Club calendar. In either case, the events listed should be confined to external/public events, not club internal efforts. There would be a separate page listing Club meeting dates/times/places. Each ISCC Club representative would be responsible for updating the calendar. The Council agreed to proceed.

The Volunteer of the Year Event is locked in for the foreseeable future at the Sherwood Center for the first Wednesday in August.

NEW BUSINESS

The length of the newsletter was discussed. Most members would like to see a shortened version. Discussion included whether the Library events should be included, and whether Clubs could condense their reports. No firm decisions were reached. The meeting was adjourned at 1:03 PM.

City of Fairfax



APRIL

32nd Annual Spotlight on the Arts Festival – April – May, 2017

For a complete schedule of events going on during these three weeks, go to www.fairfaxspotlight.org or call 703.352.ARTS.

MAY

Derby-Q

The 3rd Annual Derby-Q is an event set for May 6 in Old Town Square, will feature specialty beer and mint julep tastings, barbecue vendors, live music by MOJO Mothership and Anthony “Swamp Dog” Clark, and the Kentucky Derby on the big screen.

NEW TICKET INFORMATION – TICKETS ARE ON SALE NOW!

General Admission - \$10

Enjoy live entertainment, BBQ food vendors – food for sale, Kids 20 and under enter Free. All under 18 must be accompanied by an Adult 21+ please.

Beer Tasting Packages - \$25

Free General Admission, Souvenir Tasting Glass, 10 beer tasting tickets - Re-Buy beer tasting ticket options will be available after entry, and 1 Mint Julep

Re-Buy beer tasting ticket options will be

available after entry

Unlimited Beer Tasting Package - \$65

Free General Admission, Souvenir Tasting Glass, Unlimited Beer Tasting Wristband, and

1 Mint Julep

Information: www.derby-q.com.

Mother/Son Campout - May 12-13, 2017

Mothers and sons — adult women with their young menfolk — can spend the night in the great outdoors of Van Dyck Park: pitch a tent, bring a sleeping bag and prepare for fun adventures and activities. Dinner, breakfast and s'mores (and campfire) will be provided. Cost is \$30 per person

Rock the Block! #TGIFairfax begins its third season May 26 with The Darby Brothers from 6:30-9:30 pm in Old Town Square. Please bring your lawn chair. Admission is free.

Volunteers Needed for Special Events

The City of Fairfax is looking for volunteers that would be interested in working a variety of special events in the city to include the Egg Hunt, 4th of July Parade, Fall Festival, Holiday Craft Show and Festival of Lights and Carols. A small time commitment (2 or more hours) is requested to help with administration duties prior to an event and working the actual event (activity leader, balloon handler, etc.) There are many fun jobs to be had. Please contact Katie MacCammon at 703-385-1710 or Katherine.maccammon@fairfaxva.gov for more information.

Mitzi Taylor mitzi.taylor@fairfaxva.gov;

Katie MacCammon

katherine.maccammon@fairfaxva.gov

Chocolate Lovers Festival Committee (CLFC). **Chocolate Lovers Festival Committee (CLFC)**

Beverly Myers: bmyers@wcsr.com

Independence Day Celebration Committee (IDCC). **Independence Day Celebration Committee (IDCC)**

Beverly Myers: bmyers@wcsr.com



Civitan Club of Fairfax

A March highlight was Fairfax Civitan hosting a party for the several hundred low income elderly friends who live in the Lake Anne Fellowship Houses in Reston. A good time was had by all. Fairfax Civitans supplied finger foods, desserts, and drinks and provided for music and entertainment from the Virginia Musical Adventures Combo.

April finds us beginning our 2017 monthly (first Saturday) support for the huge Arlington County garage sale. With other Civitan friends and some volunteers from OAR, our Fairfax Club helps with the whole enterprise, including running a food stand. Fairfax Club volunteers each get \$15 an hour for their work, and that money is provided to our Club to support its projects and benevolences. Also during March, a small group managed to squeeze in a fun Bingo session at Sunrise Nursing Home in Reston.

Our Club's monthly dinner and program meeting is scheduled for 6 April. Our speaker will be Ezerbet Kovacs, a teacher from Mosby Woods School talking about students with poverty and ethnic challenges. The Spring Civitan District Meeting is being held in Herndon on 6-8 April. Mid-month the Fairfax Civitan Board of Directors will meet for dinner and a planning session. Other activities during the month include a Wilcoxin Park "adopt a spot" trash pickup on the 29th.

David Hartmann: chartmann@cox.net

Downtown Fairfax Coalition

Jim Wyckoff, Jr.: jcwvckoffjr@aol.com



FAIRFAX FERNS GARDEN CLUB

Ferns

Next meeting Monday April 10
Program "Down Under" at City of Fairfax
Regional Library at 6:30 p.m.

Planters on Main St. Downtown

On Friday the informal downtown appearance group installed some sample planter containers and plant materials along a portion of Main Street in front of Paint Your Own Pottery. These are "test" samples and we are seeking your opinion this week. The group worked with the garden club Fairfax Ferns to identify some containers and materials that would be attractive, appropriate and relatively easy to maintain. Some of the plant materials recommended by Ferns are not available yet this spring so we substituted to approximate color or size and scale. Our intention is to install planters and plants for both sides of the entire block on Main Street between University and Chain Bridge this year. This is part of a larger downtown streetscape planning project currently in early design.

The container design is styled after similar 1900's British urban planters. (The originals are made out of lead). The intended plants would include tree roses, evergreens, a perimeter ring of annuals for color and some trailing ivy. Please take a look this week and let me know what you think.

Plant NOVA Natives Campaign Update March 2017

The campaign is really taking off – and we need your help! Spring is particularly busy. Please lend a hand if at all possible. Details are below.

Screenings of Hometown Habitats

- April 6, 7:00 pm - Alexandria Beautification Commission Lee Center, 1109 Jefferson St. Alexandria

- April 19 - [Crossroads United Methodist](#) 7-8:30
- April 26, 7:00 pm - Unitarian Universalist Church of Arlington. [Click here for details.](#)
- April 29 - Northern Alexandria Native Plants Sale with Hometown Habitat showing.

Other events

- April 8 - Merrifield Spring Garden Party (Gainesville) 11-3
- April 15 - [Spring Garden Tour](#) in Arlington Forest
- April 21 - Greenspring Retirement Community Earth Day 11-3
- April 21-22 - Horticultural Society plant sale
- April 22 - Jamestown Elementary Earth Day 9:30-2:30
- April 22 - Burke Centre Earth Day 10-1
- April 25 - NVCC Green Festival 9-4
- April 25 – School Environmental Action Showcase 9-2:30
- April 29 - Prince William Compost Awareness Day 10-2
- April 29 - Alexandria Earth Day 10-2
- May 6 - Reston Association Spring Festival 1-5
- May 7 - Huntley Meadows Wetlands Awareness Day 12-4
- May 7 - Earth Sangha native plant sale
- May 20 - Spring Garden Day Green Spring Gardens with VNPS plant sale 9-3
- May 12 and 13 - Save the Monarchs – Corridors for Pollinators planting project in a Centreville utility right of way.
- May 20 - Mason Neck State Park Eagle Festival 10-6

Turn Your Yard into a Wildlife Sanctuary...Plant Native Species by Jessica Bowser

The seasons are changing, the temperature is rising and homeowners

are cleaning up their yards and making plans for improvements in their landscapes and gardens. The plethora of plant options at the garden centers can seem overwhelming and there are many factors to consider to ensure that the plants you choose will survive and thrive in your yard without intensive maintenance. There is an option that will add beauty and sustainability to your yard, attract wildlife, positively impact the environment and is easy to maintain...Native plant species. Native plants are perfectly adapted to our local environment. They will thrive in our soil conditions without needing special fertilizers, pesticides or extensive watering. They are hardy plants that will last once they are established in your yard and will attract birds, butterflies and other pollinators for years. Native plants have colorful blossoms, berries and bright foliage throughout the seasons. The natural beauty of native plants raises property value, conserves water and will make your yard attractive for years to come, but that's not all. Native plants do more than save you time and money. They are good for the environment too. Development in Northern Virginia has eliminated many natural areas with plant species that are needed to maintain a healthy ecosystem. Non-native species have been introduced that interrupt the natural cycle, including invasive plants that can destroy ecosystems. Insects, birds and bees all rely on native plants for food and habitat. Planting native species in your yard will contribute to the restoration of our delicate ecosystem while supporting our environment. Your yard can become a sanctuary for pollinators and other wildlife! Ready to get started? Plant NOVA Natives is a local organization that promotes and supports the planting of native species. Their website has everything you need to help you choose the right species for your yard. They also provide information on garden centers and local native plant sales. Are you looking for personalized support? Plant NOVA Natives has

partnered with organizations such as Audubon At Home, who will come to your home at no charge and help you choose plants that are well-suited to your yard. Native plants are the best choice for a sustainable, low maintenance and beautiful yard. Enjoy the many years of natural habitat and wildlife it will bring to your home! Visit www.plantnovanatives.org

**NCAGC Conference 2017
Plant America—Let's Grow Together!**

Our 2017 Conference is open to all NCA garden club members and guests! We will share new information, learn hands on skills and have a lot of fun! Please join us!

DATES: June 9-10, 2017
WHERE: Kenwood Country Club, River Road, Bethesda, Maryland
(Optional--stay over Friday night at Kenwood Club, double room \$112)

Kathy Hoffman:
Kathryn.j.hoffman@gmail.com



**Fairfax VA Harley
Owners Group**

Our 2017 activities are ready to roll and we have some terrific new rides planned for the rest of the riding season. We were out on April 1st collecting trash along Fairfax Boulevard and in front of City Hall. This is a great community effort that builds pride in our community and generates a lot of good will.

Our major charity event for 2017 for the Chapter is the "Ride for Life", which is a national fundraiser organized by Harley Davidson Dealers and the Harley Owners Group in support of Muscular Dystrophy Association (MDA). Fairfax Chapter members are contacting friends, co workers, family and neighbors to ask them to join us in the fight to conquer MD. On May 6, the Chapter will take part in a Muscle Walk to generate funds and then over the weekend of May 6 and 7, Chapter members will deliver "our" help to a gathering of fellow Chapters

and kids in Reading, PA and Hyattsville, MD from all over the Eastern Region. Our objective for 2017 is to get more members involved...and...to have fun in the process. If anyone reading this newsletter wishes to help, you are cordially invited. Please feel free to contact the dealership, Patriot H-D, or myself. Our Chapter works closely with the local MDA folks to connect this effort to our community.

On May 13th the Chapter will host another Operation Atlas event at Bethesda at the new USO Family Center. This new center focuses on our wounded warriors as they transition from injury or psychological stress to more normal lives. We will put on a Spring Picnic and Bike Show for the soldiers who are rehabilitating and recovering from wounds received while serving in Iraq and Afghanistan. We look forward to this opportunity to spend some time with **“the best of the best”** and share some Virginia hospitality.

Work continues on our 19th annual “Ride of the Patriots” event on Sunday, May 28th. Our program for this event will be similar to previous years and will feature a short parade, an opening ceremony to honor those in uniform who serve our nation and protect our liberty and the Ride of the Patriots to join Rolling Thunder at the Pentagon. We encourage you to check out the website at www.rideofthepatriots.com. This is a community event and everyone is invited to come. If there is an interest by any of the City of Fairfax InterService Council member groups in participating, please let me know. Your questions or suggestions will be most welcome.

The Fairfax Harley Owners Group is a diverse and energetic force of over 750 members. The Chapter publishes a monthly newsletter and maintains its own web page at www.fairfaxhog.com

Larry Larson: larry.d.larson@verizon.net



Fairfax City Regional Library

10360 North Street

Fairfax, VA 22030

703-293-6227 | TTY: 711

Sun.: 1 p.m. - 5 p.m.

Mon. - Thurs.: 10 a.m. - 9 p.m.

Fri.: 10 a.m. - 6 p.m.

Sat.: 10 a.m. - 5 p.m.

Genealogy Help Desk Bring your family history stumpers to an expert. Make an appointment at the Virginia Room desk or call 703293-6227, option 6. Adults.

One-on-One English Conversation Practice speaking English with a volunteer tutor. Call to make an appointment. Adults.*

Internet/Microsoft Office Tutoring Learn how to use the Web or increase your skills. Call for appointment. Age 13 and up.

Tales to Tails Read aloud to a friendly, trained therapy dog. Call for dates and times or register online. Age 6-12.

Saturday, April 1, 11:00 Forgotten Fairfax: Beacon Field and Hybla Valley Airports Learn the history of Beacon Field and Hybla Valley Airports. All ages.

Saturdays, April 1, 22, 2:00 GIVE-Growth and Inspiration through Volunteering and Education Thomas Jefferson H.S. and Robinson H.S. students offer tutoring all subjects and ESL. School age.*

Monday, April 3, 10:30 PJ Library Book Buddies Enjoy storybooks about Jewish holidays and values; make crafts. Cosponsored by PJ Library and Growing Jewish Families of the JCC of Northern Virginia. Age 6 months-5 years with adult.

Mondays in April, 11:00 Tuesdays in April, 2:00 Thursdays in April, 7:00 Library Tech Help Get library electronic resources questions answered, and help with eBooks and compatible devices. Adults.*

Mondays, April 3, 24, 4:30 Crazy 8s Math Club Run, jump and make a mess while learning math concepts. Cosponsored by Bedtime Math. Grade K-2.

Monday, April 3, 7:00 SEC– Save, Invest and Avoid Fraud Learn to make wise investment choices and avoid fraud; by the U.S. Securities and Exchange Commission (SEC) Office of Investor Education and Advocacy. Adults.

Tuesdays, April 4, 11, 10:30 Genealogy In depth Explore census, land records, wills, probate, vital records and more with a Virginia Room volunteer genealogist. Register for all or any of the four sessions. Adults.

Tuesdays in April, 10:30 Storytime at Old Town Square Join us across the street to hear stories, weather permitting. Age 2-5 with adult.*

Tuesdays in April, 10:30 Tuesday Morning English Conversation Practice speaking English with others and improve your skills. Adults.*

Tuesdays in April 4, 7:00 Tuesday Evening English Conversation Practice speaking English with others and improve your skills. Adults.*

Wednesday, April 5, 10:30 Storytime with a Deputy Sheriff A deputy from the county Sheriff's Office shares stories, songs and rhymes to build your child's early literacy skills. Age 4-5 with adult.

Thursday, April 6, 10:30 Mother Goose Storytime Stories, songs and fingerplays

build early literacy skills for your baby. Birth-23 months with adult.

Thursday, April 6, 7:00 English Comprehension Through Conversation (8-week course) An interactive approach to speaking English in a friendly environment. Must attend all eight classes. Adults.

Saturday, April 8, 10:30 Camp Cursive Learn to read cursive from Virginia Room documents. See a demo and receive instruction in cursive writing from a calligrapher. Age 8-12.

Saturday, April 8, 2:30 Family Math Games Build math and logic skills during family fun. Games for all levels with tips for parents to use at home. All ages.

Monday, April 10, 2:30 Brain Games at the Library Board games and card games that challenge your thinking and build your skills. Age 6-12.

Tuesday, April 11, 3:00 Watercolors Class Learn to paint with watercolors, led by artist Anne Heising. Wear something that can get paint on it. Age 10-15.

Wednesday, April 12, 1:00 Job Club Learn skills to help get a job and succeed in the workplace. Age 17 and older.

Wednesday, April 12, 2:30 Breakout! Can you solve a series of interconnected puzzles to unlock the box and breakout? Age 8-11.

Thursday, April 13, 10:30 Preschool Storytime Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

Saturday, April 15, 10:30 Family Storytime Enjoy stories, songs and activities chosen for families. Age 2-6 with adult.

Monday, April 17, 2:30-4:00 Button Making Express yourself by creating buttons. Use

magazine pictures or create your own design. Age 8 and up.*

Tuesday, April 18, 7:00 Tuesday Evening Book Discussion Check at info desk for title. Adults.

Wednesday, April 19, 4:30 Open Art Studio Create your own unique masterpiece with a variety of art supplies. Age 6-12.

Thursday, April 20, 10:30 Toddler Time Library staff share with children a love for books and parents learn to cultivate early literacy skills. Age 2-3 with adult.

Thursday, April 20, 12:30 Thursday Afternoon Reading Group Check at info desk for title. Adults.

Saturday, April 22, 2:30 Microsoft PowerPoint Learn how to put together an attractive presentation using Microsoft PowerPoint. Age 13 and up.

Monday, April 24, 10:15, 11:15 Music and Movin' with Miss Susan Sing and move to music with your little ones. Cosponsored by Friends of the City of Fairfax Regional Library. Age 6 months-5 years with adult.

Wednesday, April 26, 7:00 Family Movie Night: Jumanji Kids find and play a magical board game releasing a jungle of dangerous creatures. Snacks provided. All ages.*

Saturday, April 29, All Day Fairfax County: A Place Called Home Your community has a story. Explore maps, photographs, courthouse documents and more. All ages.

Laura Raymond:
laura.raymond@fairfaxcounty.gov



Friends of Fairfax Station

N-gauge T-TRACK model train show April 9, 1-4 PM.

Museum open Sundays, 1:00 to 4:00 PM

Pete Conklin: conklinps@aol.com



The March meeting of the HFCI Board will be the General Meeting on April 19th at Old Town Hall at 7PM. This is a yearly meeting held to report the status of the organization and to feature a program. The speaker is Charles V. Mauro and his topic is "The Civil War in Fairfax County". His books will be available for sale.

If you are a member of a club or organization and would like to know about what HFCI represents, ask for a 20 minute presentation. Call Al Leightley at 703 273 2089.

Our annual membership drive is now on. Please pick up a brochure and send in your application. One of the perks is receiving the wonderful quarterly newsletter which features a local historical story each issue.

Are you interested in being a volunteer or docent for historic sites? Call 703 385 8415 and find out more about it.

Would you like to be remembered forever as a citizen of Fairfax? Buy a brick with your name on it for \$100. The bricks are placed in front of the Fairfax Museum.

Ratcliffe-Allison-Pozer House Tours begin May 6. 11 to 2PM.

Adult, school, and Youth Group Tours are available. Call 703 385 8414.

Programs at the Fairfax Museum and Blenheim:

MUSEUM: Programs are at 2PM every other Sunday
Fairfax Museum and Visitor Center 10209
Main Street, 703 385 8414

April 9: 'Nation of Immigrants', discussion of book written by Tom Gjelton, a National Public Radio News correspondent.

New Exhibit: Chalkboards to Smartboards: Free Public Schools in Fairfax County and the City of Fairfax. Through July 9, 2017

BLLENHEIM CIVIL WAR INTERPRETIVE CENTER, 1PM
3610 Old Lee Highway

CIVIL WAR DAY: APRIL 29, 10AM to 5PM
A day of living history programs, infantry and cannon firings, historic house tours, youth activities, Civil War art sale, Food and music! Only \$5 for adults, \$3 for children.

Fairfax County is celebrating their 275th Anniversary this year. Special programs will be held on June 17th at the Fairfax County Courthouse in Fairfax City.

Hildie Carney: hilcarn31@aol.com



**Kiwanis Club
of Fairfax**

We have only spring cleanup going on this month.

Mariann Gabor: mgabor2010@hotmail.com



**Knights of Columbus
Father Diamond Council 6292**

The Council holds business meetings on the 2nd and 4th Tuesday's of the month at 8 PM in Providence Hall. Web site: WWW.6292.kofc.com.

April Activities:

- 04/07 – Council Sponsored Parish Lenten Soup Supper
- **04/08 – Rosary to End Abortion**
- **04/10 - Bingo at Fairfax Nursing Home**
- 04/15 – Easter Food Baskets Delivery
- 04/15 – Feed the Homeless in DC
- 04/16 – Easter Egg Hunt after Masses at St Leo's
- 04/20 – 23 – Annual KOVAR Collections to help the developmentally challenged
- **04/29 – Night of Magic at St Leo's School Gym**

Albert Leightley: Leightley8@verizon.net

Fairfax Lions Club



We Serve

Since 1951

-
- Charity Fund Raiser – Lions Dinner April 12th:

Join Fairfax Lions and guests, Wednesday, April 12th, for dinner at The Auld Shebeen restaurant, 3971 Chainbridge Rd, Fairfax, VA 22030. **This is a charity fund raiser!**

Meet at 6:30 pm for Happy Hour prices on beverages; be there by 7pm for dinner. Ask to "Sit with the Lions Group" in the Yeats Library dining room. Order from regular menu; separate checks; pay your own bill. The Auld Shebeen will donate 15% of what we spend to Fairfax Lions Charities – to help folks in our community! Parking: Old Town Plaza city garage, 3955 Chain Bridge Rd (access from Rte 123/Chain Bridge Rd or University Dr). Take elevator to 4th level, walk past plaza shops, cross North St at the light to The Auld Shebeen. No reservations required.

- Lions Sponsored Little League Team Wins Opener



March 30 - The temperature dropped with the setting sun as the "Nationals" faced off with the Cardinals in their Fairfax Little League opener tonight. It was a rough

start in the top of the 1st as the Cardinals batted through the order and retired the Nationals starter. The Cardinals scored six runs before logging their third out. But Nationals pitcher kept the team in the game, allowing only one Cardinals hit over four solid innings of relief. Nationals 1B made a stellar stop in the bottom of the fifth, turning a would-be extra base hit into another Cardinals out. The Nationals offense came alive with five runs in the fifth inning, capped by two more in the sixth to finish the season opener with an 8-7 victory over the Cardinals

Gordon Tillery: tilleryg@gmail.com



fairfaxoptimists@gmail.com

First Virginia Community Bank in Fairfax City is donating VISA gift cards to selected youth that our Optimist Club honors or sponsors. They have been our community partner for a number of years.

At our March dinner meeting, we honored the top three winners of our Essay Contest. The topic was "*Chasing Optimism in the Face of Challenges.*" First through third place respectively: Laura Sizemore, Lake Braddock; Kyla O'Connor, Fairfax High School; and Sharleen He, Woodson High School.

As part of our Youth Appreciation Program, our Club recognizes two Mountain View Alternative High School students who are nominated as deserving by the faculty. Sergio Valenzuela Asencio and Brandi Johnson each received \$50 from our Club.

Our Club Oratorical Contest winners will be honored at our April dinner meeting. The first place boy and girl winner will compete at the Zone level on April 22nd. The winners at Zone will compete at District (state) level for a \$2,500 scholarship.

Below is our club calendar for April:

- 4** – Club dinner meeting 7PM Elks Lodge #2188 at 8421 Arlington Blvd. Fairfax
- 5** – Inter-Service Club Council
- 22** – Zone Oratorical Contest West Springfield Government Center, 6140 Rolling Road, 1-4:30 PM
- 29** — SafeAssuredID at the Fairfax City Police Station 9:30 AM
- 29** — Trivia Night @ St. Stephen's Church Braddock Road; 5PM Setup; event is 6-9PM

One of our Optimist Club members, Claudia Morcelo, is going to Peru to help flood victims. She delivered school supplies to children earlier this year. They are in desperate need of toothbrushes, dental floss, summer hats, mosquito repellent and masks. Since Claudia is leaving the 5th of May, it will

be helpful to have all donations by the 3rd. If ISCC members would like to donate supplies, please contact our club at fairfaxoptimists@gmail.com This is the current situation in Peru.



. **Maureen Andretta:**

Maureen.andretta@servicesource.org



Joe Meyer: joe.meyer@shelterhouse.org

Art Jones: art04jones@gmail.com



Shepherd Center Fairfax Burke (SCFB)

Irby Hollans, Jr: ihollans@earthlink.net



Salvation Army

Women's Auxiliary

The Salvation Army Auxiliary's 37th Annual Fashion Show and Luncheon, held March 24th, was a huge success. With over 150 in attendance, the event raised many thousands of dollars for the Salvation Army's social service programs both locally and nationally. A big thank you to all of our supporters!

Connie Lauther: lauthers2relo4u@cox.net



Shepherd Center Fairfax Burke (SCFB)

SCFB is dedicated to helping older adults continue to live independently, and to providing enrichment and social networking opportunities that keep life exciting and rewarding for them. Programs include Accompanied Medical Transportation and Companion Shopping (for older people who are no longer able to drive), Friendly Callers/Visitors (for people who are mostly homebound), Caregivers Support Groups (for those who have loved ones with dementia), low-cost exercise classes (to promote strength, balance and flexibility), and Lunch N' Life, Adventures in Learning, and Wednesday at the Movies which all provide mental stimulation and socialization opportunities.

During Feb, SCFB provided 155 medical and companion shopping drives.

ACTIVITIES

- **Adventures in Learning** – Monday April 3 for six weeks to Monday May 15 at Lord of Life Lutheran Church. Call 703-426-2824 for more information.
- **Spring Fashion Show** – May 18th at Good Shepherd Church 9359 Braddock Rd. Fashions by Soft

Surroundings. Lunch and show cost \$30. For Reservations call 703-273-5730.

VOLUNTEERS NEEDED as DRIVERS & OFFICE WORKERS

Shepherd's Center of Fairfax-Burke serves those 50+ and who no longer drive. Volunteer Drivers are needed for trips (Monday - Friday) to medical appointments and Companion Shopping within the Fairfax/Burke area. Please contact the SCFB transportation phone number 703-323-4788

Albert Leightley: Leightley8@verizon.net



**Soroptimist
International of Fairfax County**

Providing grants to worthy organizations and planning for summer fund raising.

Cathy Kelleher: dandckelleher@cox.net



Woman's Club of Fairfax

Our spring fashion show is coming up, our biggest fundraiser of the year. It will be held on Saturday, April 29 at the American Legion Post 177 in Fairfax. Fashion presentations will be by Chico's. A buffet luncheon and cash bar (wine and beer) will be offered. Tickets are \$40 each and can be obtained by contacting any member of the Woman's Club. Proceeds will go towards our scholarship fund for a rising senior who will attend a Virginia college.

March was an exciting month for our Club. We gained two more members and we were awarded several commendations at the latest meeting of the Northern District General Federation of Women's Clubs. Our club was

awarded the Best Project for a Small Club for Membership, as we installed six new members in 2016.

We also were awarded the Best Project for a Small Club for Conservation for our conservation efforts (supporting the Salamander Club, a youth club whose goal is restoration of salamanders in a local creek, and selling used books with the proceeds going towards purchasing books for schools which raise students "green" awareness).

And last but not least, we were proud to receive a Certificate of Recognition for 60 years of service to our community.

Suzanne Grimsley:
suzanne.grimsley@yahoo.com



In March, the club held a social/membership event at Brion's Grille in University Mall, inviting back former club members, prospective members, and regular members. This was in addition to our regular business meeting.

Our April meeting is our annual business session where we discuss and vote on the annual budget, receive committee reports, hold elections for open Board seats, and discuss upcoming club projects. The Club also continued its monthly contributions to the County's Domestic Violence Action Center of food and personal items for the Zonta food pantry. April will also have the Spring Workshop for the District which will be held this year in Annapolis, Maryland.

Barbara Lippa: barbaralippa@verizon.net